



Soldiers for Christ Jiu-Jitsu

Junior Leadership Program – Overview & Goals

1■■■ Program Purpose

Describe why this program exists and the vision behind it.

Example: "To provide older SFC Jiu-Jitsu students with an opportunity to serve, lead, and grow in character by assisting with the younger students' class."

2■■■ Core Goals

Leadership Development: Build confidence and servant-leadership qualities (Lead warm-ups, guide shy teammates)

Teaching Skills: Learn to explain and demonstrate techniques clearly (Break down drills, give feedback)

Character Growth: Practice patience, humility, and respect (Model positive behavior and sportsmanship)

Advanced Jiu-Jitsu Learning: Deepen technical understanding through teaching (Assist in technique review and correction)

3■■■ Benefits for Students

- Recognition as an official Junior Leader (certificate, patch, or stripe)
- Opportunities for community service hours
- Exclusive training or fun team events (pizza night, extra mat time)
- Builds a resume/college reference and strong life skills

4■■■ Eligibility & Commitment

- Age/Rank: Typically 11+ or coach invitation
- Requirements: Maintain regular class attendance and positive conduct
- Commitment: Arrive 10 minutes early and assist during the full class
- Role: Help with warm-ups, partner students, guide drills, and encourage others

5■■■ Program Structure

- Orientation: One-time 15–20 min intro meeting with Coach Jesse
- Class Role: Lead warm-ups, assist in techniques/games, mentor younger kids
- Check-Ins: Brief end-of-class debrief for feedback and goal setting
- Milestones: Track hours and accomplishments toward rewards (patches, certificate, leadership letters)

6■■■ Rewards & Recognition

- Junior Leader patch/stripe and end-of-semester certificate
- Service-hour verification letter (if needed for school or church)
- Invitations to special events or exclusive training sessions
- Pathway to assistant coach or paid leadership roles

7■■■ Parent & Student Agreement

“By joining, I commit to serving younger students with humility, modeling respect and discipline, and helping create a fun and safe training environment.”

Student Name & Signature: _____

Parent/Guardian Signature: _____

Date: _____

Junior Leadership Team – Fall 2025

These students are recognized for their leadership qualities, outstanding attendance, and commitment to the values of Soldiers for Christ Jiu-Jitsu.

Location	Junior Leader
Epiphany of the Lord	Payton Blunk
Christ the Redeemer	Makayla Trevino
St. Laurence	Tianna Nguyen