INTERNATIONAL OKINAWAN GOJU-RYU KARATE-DO FEDERATION

国際沖縄剛柔流空手道連盟

(Australia)

IOGKF AUSTRALIA
Sensei Paul Parlett
6th Dan Black Belt
18 Sanctuary Drive
Goulburn
NSW 2580 Australia
0418482282
learnkarate@bigpond.com



DOJO ADDRESS Dojo Address Trinity Catholic College Addison St Goulburn NSW 2580 Australia

2022 IOGKF AUSTRALIA NATIONAL GASSHUKU TIMETABLE. OCTOBER 21-22-23.

FRIDAY SHODAN AND ABOVE 6.00PM – 8.00PM

SATURDAY
9.30AM – 10.30AM SANDAN AND ABOVE
11AM – 1PM ALL GRADES
1PM – 2PM LUNCH
2PM – 5.30PM ALL GRADES

SUNDAY 10AM – 11AM SANDAN AND ABOVE 11.30AM – 12.30PM ALL GRADES 12.30PM – 1.30PM LUNCH 1.30PM – 3.45PM ALL GRADES

FRIDAY

600pm-800pm, Shodan and above, Sensei Bakkies.

SATURDAY

930am-1030am, Sandan and above, Sensei Bakkies.
11am-1pm, All grades, Sensei Bakkies.
1pm-2pm LUNCH.
2pm-245pm
Shodan and above, Sensei Bakkies.
Adult Kyu grades, Sensei Simon.
Juniors, Sensei Paul.

3pm-345pm Shodan and above, Sensei Simon. Adult Kyu grades, Sensei Gavin. Juniors, Sensei Bakkies.

4pm-445pm Sandan and above, Sensei Paul. Shodan and Nidan, Sensei Simon. Adult Kyu grades, Sensei Bakkies. Juniors, Sensei Brent.

> 445pm-530pm All grades, Sensei Bakkies.

SUNDAY

10am-11am, Sandan and above, Sensei Bakkies.

Photographs will be taken during this break.

1130am-1230pm Adults, Sensei Bakkies. Juniors, Sensei Paul. 1230pm-130pm LUNCH

130pm-215pm Sandan and above, Sensei Brent. Shodan, Nidan and Adult Kyu grades, Sensei Bakkies. Juniors, Sensei Gavin.

230pm-315pm Sandan and above, Sensei Simon. Shodan and Nidan, Sensei Paul. Adult Kyu grades and Juniors, Sensei Bakkies.

> 315pm-345pm All grades, Sensei Bakkies.