



# Brenchley Pre-School Limited

## Sun Policy

### Aim.

Brenchley Pre-School Limited aims to protect the children from harmful UVA/UVB rays during warm weather conditions.

This consists respecting that all children do need a small amount of exposure to maintain Vitamin D levels.

Taken from [www.sunsafenurseries.co.uk](http://www.sunsafenurseries.co.uk) - "15-20 minutes a day of unprotected sun exposure without reddening or burning per day should be sufficient for most people to produce the required Vitamin D levels".

### Protection

#### Shade.

The preschool has shade provided by the school building, outdoor shelters, trees or we put up temporary structures i.e., gazebos, parasols for use during outdoor play. Children will be encouraged to use the shaded areas during outdoor play.

#### Clothing.

It is required that parents send children to preschool in clothing that covers the neck and shoulder area during the summer term to protect these areas for example a t-shirt or a dress with short sleeves, capped sleeves and vest- spaghetti tops/dresses are not suitable as the shoulders are very vulnerable. If a child attends preschool with uncovered shoulders we will politely ask you to return to Preschool with the correct clothing or your child will have to have a Preschool T-shirt put on to protect these areas.

Footwear during the spring and summer term should also be suitable for Preschool purposes so no crocs or croc style shoes, flip flops or jelly shoes are permitted. The footwear should be stable to enclose the whole foot comfortably to enable your child to participate in all Preschool activities safely.



Registered Office: Brenchley Road, Brenchley, Kent TN12 7NY

A Limited Company Registered in England and Wales. Company No. 5022458

Registered Charity No: 1103545

Policy reviewed September 2023.

### **Dehydration.**

During the spring/summer term the children are actively encouraged to increase their water intake. Water is freely available indoors and outdoors.

### **Our Responsibility.**

As a preschool we have our own legionnaire style sun hats that we provide the children with during their sessions they attend. We do not encourage children to wear their own hats that offer minimum protection. We ask parents to give permission for staff to apply sun cream to the children. We use a sun cream that is SPF factor 50+ and has a 4-5 star UV rating.

If a child is allergic to our specific sun cream, we ask parents to provide a suitable alternative for us to apply that does not contain nut products. Staff wear protective gloves when applying cream to the children.

Parents who do not wish their child to be protected with sun cream have the right to refuse permission for us to apply cream. We will ask them to sign the permission form stating their refusal. Every effort will be made to ensure that the child refrains from getting sunburnt although this cannot be guaranteed as protection has been offered and the child cannot be excluded from free play activities outside.

### **Extreme Heat.**

If an extreme heat warning is issued by the meteorological office, we will endeavour to keep the children safe by:

- Not participating in vigorous physical activity such as when the temperature is 30 degrees or higher.
- Provide children with plenty of water and encourage them to drink more than usual.
- Open windows as early as possible in the morning before children arrive to allow stored heat to escape from the building.
- Almost close windows when the outdoor air becomes warmer than the air indoors - this should help keep the heat out while allowing adequate ventilation.
- Oscillating mechanical fans will be used to increase air movement if temperatures are below 35 degrees.

*This Policy was reviewed at a Management Meeting held on 14<sup>th</sup> September 2024..*



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Mrs Victoria Relle - Chairman of Brenchley Pre-School Limited



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Staff Member	Signature	Date
Sian		
Helen		
Zena		
Kirsty		
Trina		
Elaine		
Claire		
Eryn		
Lucy		
Charlotte		
Lizzie		