



5 Tenants of TKD

1. COURTESY

2. INTEGRITY

3. PERSERVARANCE

4. SELF CONTROL

5. INDOMINTABLE SPIRIT



Courtesy

The ability of being humble and respectful towards all of your Masters, Instructors, fellow students, and parents. Expression of courtesy would include your family, brothers/sisters and others improves the mental development of how students begin to think of others.



Integrity

The ability to be honest, truthful and ability to keep your word whenever given. The knowledge to recognize the difference between right or wrong, as well as, the knowledge of understanding when to do the right thing for others.



Perseverance

The ability to set a goal for yourself and completing a task no matter the sacrifice or time required. Being able not to quit halfway from reaching your goal, is a very important factor in the development of any student.



Self Control

Involves being able to control yourself, both physically and mentally, in any situation encountered. Internal knowledge used to recognize when to defend yourself and when it is best not to fight.



Indomitable Spirit

Indomitable Spirit is your spirit to push you through any impossible task or goal. An internal flame of your spirit that creates self confidence used to overcome an impossible task. This is your ability to never give up no matter how impossible a task or goal looks.