

Coppull Primary School and Nursery

Subject/Area	Leader	Date
PE	Cath Proctor	September 24 – July 25

Intention: Overall Targets

Overall vision for PE: *Pupils leaving Coppull Primary School to be physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.*

To raise achievement in:

Pupils:

- Engage and enthuse pupils of all ages, from Nursery to Year 6, in PE, sport and physical activity.
- Increase pupil confidence and competence in all areas of PE for children of all ages and ability to ensure they achieve the best they can at their own pace and level.
- Improve pupils' understanding of how to lead active, healthy lifestyles and encourage and promote this through our curriculum, PE and after school clubs.
- Ensure all children have the opportunity to participate in competition.

Quality of Teaching:

- Recognise the development of staff expertise and confidence to be key to delivering high quality PE.
- Ensure appropriate CPD opportunities are given to all, developing partnerships with outside agencies including Chorley SSP
- Increase teacher's knowledge and confidence of assessing in Physical Education.

Behaviour and Well-being of pupils:

- Ensure pupils understand how to keep themselves safe during sport and exercise.
- Promote SMSC through sport and PE, encouraging children to understand the importance of working as part of a TEAM, developing resilience, self-belief and determination to achieve their own personal best while supporting others to do the same.
- Happy, healthy, engaged pupils who are energised and motivated to be successful.
- Creating a lifelong habit of physical activity:

Leadership and Management:

- Ensure robust teaching of PE and sport both during curriculum and non-curriculum time
- Ensure monitoring of PE takes place across the year
- Develop the curriculum to cover a range of sports and opportunities both in and after school
- Raise the profile of PE internally through cross curricular links and parental involvement

Implementation: <i>Actions, Key Personnel, Time Scale, Monitoring Arrangements</i>	Impact: <i>Success Criteria, Intended Outcomes, Evaluation (ongoing)</i>
<p>Key indicator 1: The engagement of all pupils in regular physical activity</p> <ul style="list-style-type: none"> To ensure children participate in at least 30 minutes of physical activity per day <ul style="list-style-type: none"> Daily mile reintroduced Encourage physical activity during play times and lunch times <ul style="list-style-type: none"> Outdoor storage – resources easy to access Training for TAs/Lunchtime staff to encourage active play PALs training for Year 5 children Increase Parental Engagement to ensure that children are active at home as well as at school <ul style="list-style-type: none"> Links on school website to clubs/groups out of school Use of social media to promote opportunities for physical activity 	<ul style="list-style-type: none"> More pupils engaged in being physically active and leading healthy lifestyles Children across school take part in mile run at least three times a week – daily mile award applied for. <i>(The Daily Mile Children Fit For Life Award achieved – October 2024)</i> Children taking ownership of being active More children achieving age related expectations The field is used more frequently throughout the year for a range of physical activities. <i>(Certain classes – not all)</i> Children are engaging in physical activity no matter the weather. Parents are more aware, engaged and responsive to ensuring their children are physically active and promoting healthy lifestyles. <i>(PASTA club – KS1 – March 2025, promotion of clubs, holiday clubs, HAF clubs on School Dojo)</i> Increased confidence in physical activity with all staff across school
<p>Key indicator 2: The profile of PESSPA being raised across school as a tool for whole school improvement</p> <ul style="list-style-type: none"> To strengthen the link between PE and mental wellbeing <ul style="list-style-type: none"> Continue to promote the value of physical activity as a wellbeing tool Liaise with CD to discuss links to wellbeing Daily mile Physical Fridays introduced Hothersall Lodge and Rock and River trips To improve awareness of the benefits of being active and having a healthy lifestyle <ul style="list-style-type: none"> Promote healthy lifestyle through assemblies and workshops Ensure the profile of PE is raised across the school with up to date and purposeful displays and taking part in local and national initiatives <ul style="list-style-type: none"> PE award in assembly Sportsmark and awards celebrated Active travel – To advocate leaving the car at home and making active travel an easier option. <ul style="list-style-type: none"> Accessible storage and grounds for bikes and scooters Right start training to take place for Reception and KS1 Bikeability training – Continue training as last year to encourage children to cycle, including: Balance bikes in Reception, level 1 being taught in Year 4 and level 2 to Year 5 children. Enforce the importance to parents 	<ul style="list-style-type: none"> Active learning strategies and outdoor learning initiatives are embedded throughout the school <i>(Some classes – not all)</i> Improved Emotional Wellbeing – happy, confident, resilient learners who are competent at facing challenges <i>(Links made to 5 Steps to wellbeing and activities at end of each term linked to this)</i> Children who are more able to work as a team and show consideration for themselves and others Improved perseverance – children have skills to persist in spite of difficulties, obstacles, or discouragement. Links are made to whole school values and children understand how they impact on their physical as well as mental well-being <i>(Links made to 5 Steps to wellbeing and activities at end of each term linked to this, links also made to whole school values within lessons and across playtimes etc.)</i> More determined children – with a strong desire to achieve a goal Improved behaviour across school with children more able to accept consequences Increased attendance due to children leading healthier lifestyles, good mental health Raised achievement across school and in particular key data groups More children celebrating physical activity successes during assembly Parents more aware, engaged and responsive to ensuring their children are physically active and promoting healthy lifestyles.

<p>of this. Repeat of bike transition ride for Year 6 children with them participating in a longer cycle to their chosen high school.</p> <ul style="list-style-type: none"> • Increase Parental Engagement in children's physical activities and experiences <ul style="list-style-type: none"> - Links on school website to clubs/groups out of school - Use of School/Class Dojo to promote opportunities for physical activity 	<ul style="list-style-type: none"> - Children choosing to walk/cycle to school – numbers of children doing this increases (Children coming to school on bikes after completing Bikeability/Bike transition sessions) - Children enjoy being physically active and understanding the benefits - Children showing inquisitiveness, creativity and a desire to explore - Children develop safe risk-taking practices – judging risk and managing risk for themselves. (Hothersall lodge – Oct 2024, Rock and River Nov 2024) <p><u>Additional evidence:</u></p> <ul style="list-style-type: none"> - <i>Bike ability:</i> <ul style="list-style-type: none"> - Year 1 – Balance bikes (as did not take place last year) – 18th and 25th September - Reception – Balance Bikes – 22nd and 29th January - Year 4 Bike ability Level 1 – May 2025 - Year 5 Bike ability Level 2 – March 2025 - Year 6 Bike Transition – June 2025 - Reception and KS1 – Rightstart TA training – Monday 30th September - Equal Access survey completed – May 25 - KS1 and KS2 Assessments – Chorley SSP - Sports stars workshop – 10 children attended in school (G and T) - Dance sports stars – 6 children chosen to attend G and T dance sessions after school - Promoting girls in sport – Girls football, Break/Lunch time girls only football sessions - Health Check questionnaire completed – June 2025 - A range of after-school clubs taking place throughout the year.
<p><u>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</u></p> <ul style="list-style-type: none"> • To provide opportunities for CPD and ensure that staff are skilled in regards to different areas of teaching PE. <ul style="list-style-type: none"> - Training for TAs/Lunchtime staff to encourage active play - CPD that builds staff confidence in delivering cross-curricular outdoor lessons or activities – INSET/Team building day (Anderton centre etc.) - CPD for PE assessment – Looking at how to make this more manageable and useful. Ensuring lessons are having an impact. - Introduction and implementation of new 'Get Set for PE' curriculum. • PE subject leader to maintain links with Chorley CSSP in order to be up to date in her subject knowledge as well as being aware of national initiatives and updates. 	<ul style="list-style-type: none"> - Staff are confident in using 'Get Set for PE' website and have the ability to make purposeful judgements about children in their class. (Assessments entered on half termly basis, photos of performance which can be accessed and analysed by subject leader added to Share point.) - Staff understand how lesson objectives and aims impact the progression of the children in their class. - Children in classes are competent and confident physically due to staff knowledge and progression. - All children make progress across the school in PE - All staff understand the progress of skills across year groups and how to use these for next steps for their children - Staff take ownership of the PE curriculum to plan to meet the needs of their pupils using the AfL cycle.

<ul style="list-style-type: none"> - CP to continue to work with Chorley SSP and local subject leaders to develop knowledge and establish links. 	<ul style="list-style-type: none"> - PE subject leader cascades information regularly back to staff to keep them up to date. <p><i>This focus needs to be looked at in more detail next year to monitor staff knowledge and understanding with a focus on key Fundamental Skills (FMS). Why do our children struggle with these key skills? What steps can we take to make improvements and ensure children are confident? Subject leader to observe and monitor closely staff knowledge and ensure key progression of skills across classes and year groups. Subject leader to look at assessments and see how judgements can be more secure as well as assessments being more useful.</i></p>
<p>Key indicator 4: Broader experience of a range of sports and activities offered to all pupils</p> <ul style="list-style-type: none"> • To develop a curriculum that allows all children to be successful across a wide range of activities and experiences. <ul style="list-style-type: none"> - Involve the children, through the school council, in shaping PE – Introduction of sports leaders/champions. - Expose children to activities and experiences that have not normally been part of the curriculum but can help develop fundamental skills. (Through Chorley SSP or other outside groups/clubs – e.g. sports week, Judo after school club). - Complete another child's voice questionnaire regarding feelings towards PE – look at different year groups in particular KS1. - Ensure that lessons are differentiated appropriately to ensure children can access them at their level, and that progression through skills is evident. - New 'Get Set for PE' curriculum introduced with a wider range of sports/physical development areas. • Increase Parental Engagement in children's physical activities and experiences <ul style="list-style-type: none"> - Links on school website and dojo to clubs/groups out of school - Giving children more opportunity for competitive sport outside of school - Use of school/class dojo to promote opportunities for physical activity 	<ul style="list-style-type: none"> - PE provision meets the needs of the children in the school and is easily accessible. - Community links are established for particular sports and these are available for parents to access on the website. - Links are established and in place across subjects to promote physical activity. <i>(Chorley SSP half term clubs shared on dojo/twitter, Lancashire Cricket – May 2025, Chorley Football – Half term clubs, Learn to ride – shared on twitter and dojo, Alice weekly dance sessions on Thursday afternoon with two classes per term covering whole school, Alice dance after school club Thursday and Friday, Shinpo martial arts – sports week May 2025)</i> - Children demonstrate a wide range of skills enabling them to engage with a range of different sports and activities. <i>(Wider range of sports being taught in class but lack of fundamental skills limiting progress)</i> - Children know how the skills that they have learnt transfer over a wide range of areas. <i>(Children are still behind age group expectations in most year groups in fundamental skills and this impacts being able to participate skilfully in a range of sports using a range of techniques.)</i> - Children are integral to the development of a PE curriculum and have a voice. - Parents more aware, engaged and responsive to ensuring their children are physically active and promoting healthy lifestyles <i>(Some not all – PASTA group)</i> - Lessons meet the needs of all learners - Increased participation in physical activity in and out of school <i>(More children sharing sports awards in assembly and participating in clubs outside of school than previously)</i> <p>Additional evidence:</p> <ul style="list-style-type: none"> - Equal Access survey completed – May 25 - #Letgirlsplay – March 25

	<ul style="list-style-type: none"> - Promoting girls in sport – Girls football, Break/Lunch time girls only football sessions - Chorley SSP Festivals attended for sports in which children would not normally participate – taking a range of children with differing abilities to try to engage in sports. - Urban Festival – Junction 4 – Encouraging Year 5 boys - Friday 6th June
<p>Key indicator 5: Increased participation in competitive sport</p> <ul style="list-style-type: none"> • School to continue to take part in intra-school competitions and activities throughout the year: <ul style="list-style-type: none"> - Sports week - Sports day - House competitions – reintroduce termly • School to take part in a range of inter-sport competitions and activities <ul style="list-style-type: none"> - Chorley SSP – organised events • Staff to become more engaged and support children in participating at different events <ul style="list-style-type: none"> - Linking competitions to after school clubs - staff taking ownership of different areas/sports • Increase Parental Engagement in children’s physical activities and experiences out of school <ul style="list-style-type: none"> - Links on school website and dojo to clubs/groups out of school - Giving children more opportunity for competitive sport outside of school 	<ul style="list-style-type: none"> - Increased numbers of children participating in competitive activity in and out of school. <i>(More children sharing certificates in assembly compared to last year – e.g swimming, football, rugby, dance, gymnastics, kick boxing, karate, judo)</i> - Children attending festivals and enjoying taking part which will change attitudes towards physical activity. <i>(See below events/competitions/festivals participated in this year as well as in school events)</i> - More success at competitions. <i>(Limited skills are inhibiting success)</i> - Children enjoying competing and taking part and understanding the importance of team work. - More children taking part in clubs and activities out of school - Parents sharing in individual and school success of children - Developing a love of sport that will help lead to lifelong participation in sport <i>(Some children not all)</i> - Sharing success in assemblies <i>(Sharing out of school achievements in weekly achievement assemblies)</i>
<p>Swimming</p> <ul style="list-style-type: none"> • To ensure a greater percentage of children leave Year 6 having achieved end of Key stage expectations for swimming. <ul style="list-style-type: none"> - Year 5 children, who are still not confident swimmers, are identified and attend top-up swimming sessions from September – February. - Smaller class sizes attending swim sessions allowing for more pool time and greater focus by swim teachers. 	<ul style="list-style-type: none"> - More Year 6 children to be able to swim competently, confidently and proficiently over a distance of at least 25m. <i>(Total: 32/40 - Percentage: 80%)</i> - Children to demonstrate a range of strokes effectively <i>(Total: 28/40 - Percentage: 70%)</i> - Children to have an understanding of water safety and be able to perform water and land –based rescues in a range of situations. <i>(Total: 29/40 - Percentage: 73%)</i> - All children to have confidence in the water. <i>(Year 5/6 swimming assessment – A number of children have joined Year 5/6 over the last two years and so percentages are lower than last year because of this)</i> - More children to take up swimming as a hobby and continue to develop their stroke and technique outside of school <i>(More evidence of this during this year with a lot more children bringing certificates for swimming/taking part in lessons out of school e.g. swimming, football, karate, gymnastics, cheerleading etc.)</i>

Coppull Primary School – Events and Festivals – 2024-25

<u>Autumn Term</u>	<u>Spring Term</u>	<u>Summer Term</u>
<ul style="list-style-type: none"> • Year 5/6 Girls Football League- Weds – 11th/18th/25th Sept/9th Oct • Year 5/6 Football League - Thurs – 12th/19th/26th Sept/3rd Oct • Yr 5/6 Sportshall Athletics - Wednesday 13th November • Cheerleading Festival - Wednesday 13th November • Gymnastics Festival - Wednesday 20th November • Creative Festival - Wednesday 27th November • Panathlon Primary 10 pin bowling - Friday 29th November • Boys Dance too! - Friday 6th December 	<ul style="list-style-type: none"> • Yr3/4 Sportshall Athletics - Thursday 16th January • Basketball - Friday 24th/31st Jan/7th Feb • Glow Dodgeball - Wednesday 29th January • Invasion Festival - Thursday 6th February • Dodgeball - Thursday 27th February • Dance Competition - Friday 7th March • Martial Arts Festival - Wednesday 12th March 	<ul style="list-style-type: none"> • Invasion Festival - Thursday 24th April • Golf Ways - Tuesday 20th May • Urban Festival – Junction 4 – Year 5 boys - Friday 6th June • Quadkids Yr1/2 - Wednesday 11th June • Quadkids Yr3/4 - Wednesday 11th June • Quadkids Yr5/6 - Wednesday 11th June • Year 3 and 4 Girls football - Friday 13th June • Year 5 and 6 Girls football - Friday 20th June • KS2 Mixed Cricket - Friday 20th June

Activities/Events that have taken place in school:

- Year 1 – Balance bikes (as did not take place last year) – 18th and 25th September
- Reception – Balance Bikes – 22nd and 29th January
- Year 4 Bike ability Level 1 – May 2025
- Year 5 Bike ability Level 2 – March 2025
- Year 6 Bike Transition – June 2025
- Reception and KS1 – Rightstart TA training – Monday 30th September
- KS2 Level 1's – Year 5/6 – 9th September, Year 3/4 - 20th November
- Year 2 Assessments – 16th October
- Year 6 assessments – 25th and 27th November
- Christmas multiskills - Reception – Monday 9th December
- KS1 level 1s – Yr 1/2 – 1.4.25
- Easter Multiskills - Reception – 25.3.25
- Summer Multiskills- Reception – 12.6.25
- PALs training – Year 5 – Monday 2nd December
- Daily Mile foundation – Santa Run – 6th December
- Sports Stars assessment – 7.5.25
- Soccer Star Fundraising challenge – 4th April

Range of sport activity clubs available after school this year:

<u>Autumn 1</u>	<u>Autumn 2</u>	<u>Spring 1</u>	<u>Spring 2</u>	<u>Summer 1</u>	<u>Summer 2</u>
<ul style="list-style-type: none">• CSSP – KS1 football• CSSP – KS2 Football• Alice Dance – KS1/KS2• Tag Rugby – KS2• Yoga – KS1	<ul style="list-style-type: none">• CSSP – KS1 football• CSSP – KS2 Football• Alice Dance – KS1/KS2• Athletics – KS2	<ul style="list-style-type: none">• CSSP – KS1 Cheerleading• CSSP – KS2 TriGolf• Alice Dance – KS1/KS2• Gymnastics – KS1	<ul style="list-style-type: none">• CSSP – KS2 Cricket• CSSP – KS2 Athletics• Alice Dance – KS1/KS2	<ul style="list-style-type: none">• CSSP – KS1 football• Running/Cross Country – Y1-4• Alice Dance – KS1/KS2	<ul style="list-style-type: none">• CSSP – KS1 tennis• CSSP – KS2 basketball• Alice Dance – KS1/KS2• Girls Football – KS2• Boys Football – KS2• Rounders – KS2• Yoga – KS2