

# before your appointment

**Create your Jane Account:** Go to [www.naturalaestheticandwellness.com](http://www.naturalaestheticandwellness.com) + navigate to our booking link.

**Book Your Consultation:** Learn more about our approach to natural injectables + wellness treatment options. Bonus Perk: receive a complimentary personalized treatment plan.

**Book Your Medical Director Clearance Appointment:** For new patients this video call is done once a year and take 1-2mins.

**Complete your Intake Forms:** Carefully review and complete the required forms sent to your email prior to your appointment