

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 HAPPY NEW YEAR	2 MASTER RAMOS BDAY	3 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM DUES JA'UN BDAY	4	5 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM DUES	6	7 EXTRA HELP CLASS 8AM BOOT CAMP STRIKING 9AM TKD 10AM
8	9	10 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM	11	12 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM	13	14 EXTRA HELP CLASS 8AM BOOT CAMP STRIKING 9AM TKD 10AM
15	16 MLK DAY	17 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM	18	19 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM	20	21 EXTRA HELP CLASS 8AM BOOT CAMP STRIKING 9AM TKD 10AM
22 CHINESE NEW YEAR	23	24 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM MRS. VIVEIROS'S BDAY	25	26 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM	27	28 EXTRA HELP CLASS 8AM BOOT CAMP STRIKING 9AM TKD 10AM
29	30	31 EXTRA HELP CLASS 4PM JUNIORS TKD 5PM BOOT CAMP STRIKING 5:45PM ADULTS TKD 6:15PM				

UNIVERSAL FITNESS CONCEPTS - PERSONAL TRAINING. EMAIL JAY - UNIFITCONCEPTS@GMAIL.COM

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