

UKMA MAY 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 RHONDA M BDAY	2	3 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM DUES/INSURANCE	4	5 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM DUES/INSURANCE	6	7 BOOT CAMP STRIKING 9AM TKD 10AM DUES/INSURANCE
8 HAPPY MOTHER'S DAY	9 ALYSSA BDAY	10 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	11	12 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	13	14 BOOT CAMP STRIKING 9AM TKD 10AM
15	16	17 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	18	19 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	20	21 BOOT CAMP STRIKING 9AM TKD 10AM
22	23	24 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	25	26 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	27	28 BOOT CAMP STRIKING 9AM TKD 10AM TEST FEES/PAPERS
29 MEMORIAL DAY	30	31 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	JUNE 1	2 JUNIORS TKD 4:40PM BOOT CAMP STRIKING 5:30PM ADULTS TKD 6:15PM	3	4 BOOT CAMP STRIKING 9AM TKD 10AM

ADDITIONAL SERVICES

UNIVERSAL FITNESS CONCEPTS - PERSONAL TRAINING. EMAIL JAY - UNIFITCONCEPTS@GMAIL.COM

MIND & DESIRE - NUTRITION SERVICES. CALL LATASHA @ 203-213-8223

SOULFUL HEALING - REIKI. CALL RHONDA @ 860-478-5432

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