



Additional Symptom Form

Symptom # : _____

- On a scale of 1 – 10, 10 being the worst pain you've ever felt, what is the severity of your symptom?

1 2 3 4 5 6 7 8 9 10

- What percent of the time do you feel the symptom?

0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%

- When did this episode begin? _____

- Did it begin: ☐ Suddenly ☐ Gradually

- Describe how it began _____

- Have you had the symptom in the past before? ☐ Yes ☐ No

- If yes, when was the first time you've ever felt the symptom: _____

- What makes the symptom worse? _____

- What makes the symptom better? _____

- Does the pain radiate? ☐ Yes ☐ No

- If yes, describe in detail where it radiates _____

- Does the pain feel worse at a particular time of day? ☐ Morning ☐ Afternoon ☐ Early evening ☐ Late at night ☐ Unchanged by time of day

Please mark on the diagram with the following letters to describe your symptoms:

R=Radiating B=Burning D=Dull A=Aching
S=Sharp/Stabbing T=Tingling N=Numbness

