



Assessment NL

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Identification

Bio-Psychosocial Evaluation (H0031-HN-GT)

Code

CT ID	Client's Name	Age	Service Location:
		21	Telehealth (02)
Date of Service	Start Time	End Time	
2/21/2021	11:00 AM	12:14 PM	

Persons Present Other than Practitioner

Client

Presenting Problems & Behaviors:

Anxiety / Panic Attacks
Trauma
Separation & Loss
Relationship Issues

Presenting Problems (details):

Client is a 29 year old Hispanic female. She reports that she would like to learn how to reduce the amount of daily anxiety she feels surrounding the danger she states she is in, as her physically and emotionally abusive ex-fiance continues to threaten her. Client's ex-fiance threatens her with physical harm, and he also threatens to harm their 7 month old son. Client states she feels worried all the time.

Client and her son are currently living with her mother and step-father in a safe home, away from her ex-fiance. She has experienced panic attacks in the past, where she feels her heart racing. While she feels safe in her current living environment, she feels she is always worrying that he will come looking for her to harm her. Therefore, she and her son are never without the company of her mother or step-father.

Client reports that she feels traumatized from her relationship with her ex-fiance due to the amount of psychological control he has over her which he gains through manipulation and from verbal threats to harm her or their son. In the past, he has harmed her by shoving her, pushing her, and twisting her arm. He has also withheld her from receiving medical attention by means of trapping her in her bathroom when she was having a medical event while pregnant, which Client states almost resulted in death. Her ex-fiance has threatened to kill himself if she did not comply with his requests, and he has also stated in the past that he wanted to "Baker Act himself".

Client reports that she is not currently contacting the police for protection because she is afraid of ruining his career, (he is an aspiring lawyer). She states that she would be comfortable with someone else calling

the police on her behalf, to report his verbal threats. The police have been involved in their home in the past, when Client was moving out.

Client fears that her ex-fiance will try to obtain unsupervised visitation with their son, which due to his instability may result in him harming the son via physical and emotional abuse or neglect.

Client denies experiencing flashbacks, disassociation, or overwhelm when recalling memories from her relationship with her ex-fiance. She states that she has blocked out some memories of abusive events from her relationship with her ex-fiance. Client realizes she has done so when she is talking with her mother and events brought up by her mother, and then Client recalls the memory.

Client states that her sleep and appetite are normal. She denies feeling depressed.

Medical Issues & Medications

Client reports that she is in great physical health and denies medications. She states that she takes vitamins daily.

Developmental History (Pregnancy, Term, Issues)

Client states that her mother's pregnancy was uneventful until the end of her pregnancy, when she developed septicemia and had to deliver Client via emergency C-section. Client was carried past 40 weeks and was full term when born.

Substance Abuse

Client reports that she drinks one glass of wine every 2 weeks, and denies any substance use. She has no history of substance use or alcohol abuse.

Psychiatric Medications

Client is not taking any psychiatric medications.

Previous Treatments

Client reports that she has seen her school therapist (Miami University Law School), in the past when she felt overwhelmed with a poor grade. She also reports that she engaged in mentorship and therapy through her church every week, but has not received these services in roughly 5 years.

Family Functioning

Client currently lives with her mother and step-father, along with her 7 month old son. She has an older sister who lives on her own, and a 15 year old brother who lives with his father in Miami. Her father lives in Spain.

She reports having supportive relationships with all of her family.

Family History

Client reports that she was born in Venezuela. Her father was physically and emotionally abusive towards her mother, during her childhood. This abuse resulted in her mother separating from her father and moving the family to the United States, (Florida), to get away from him. Client states that she recalls missing her father and feeling sad that she did not see him much after their relocation to Florida. Despite all of this, Client states that her childhood was a happy one, and that her mother was careful to not speak poorly about her father to her or sister, which helped preserve their relationship. Client's father moved to Germany (he is French/German), after the separation. He is now living in Spain, and Client does have little contact with him.

Educational History

Employment History

Client is well educated. She holds a Bachelors degree in communication, and a JD in law from Miami University. She has sat for the Bar Exam once in the past and failed it by just 1 point. She wants to retake the exam, but is putting it off until she feels more stable.

Client currently works part time (8-10 hours per week), to make some money to afford her bills, doing clerical and administrative work. She reports that she has consistently worked full time after school for law firms in the past, and is now unable to work full time because she is raising her son and preparing for the Bar exam. She was first employed when she was 17 years old.

Relationships with Others / Social Functioning

Client reports that she finds it easy to make and maintain friendships. She has a group of close girlfriends, but they all live in Miami, and she is unable to get together with them because of the COVID situation. Despite their physical distance, Client states that receives a lot of social support from these friends. Client also states that she has mutual friends with her ex-fiance, and that she fears these relationships are being compromised due to the negative things her ex-fiance may be saying about her. She admits she is accepting of allowing these friendships to fall away because she knows that her true friends would not believe such terrible, false things about her.

Legal Issues

Client denies having any legal issues.

Strengths & Weaknesses

Client reports that her strengths are her faith in God, humor, ability to see the positive in life, and the support that she receives from her family. Client reports that her weaknesses are her inability to control her fears and worries, and she regrets that she can often spend the whole day worrying.

Suicidal or Homicidal Risks

Client denies having any S/I or H/I.

Mental Status

Apperance

Appropriate

Speech

Normal

Affect

Appropriate

Mood

Sad due to current situation, not depressed

Behavior

Normal

Oriented To
Time
Person
Place
Circumstance

Disoriented?
No

Summary of Findings

Client is a 29 year old Hispanic female. She wishes to engage in therapy to learn how to resolve her daily anxiety and to work through the trauma she has experienced from her abusive relationship with her ex-fiance so that she can live a more free life. Client reports that her ex-fiance began physically and emotionally abusing her roughly two years ago, after she became pregnant. Their relationship began when they met in law school, 3 three years ago. Client reports that she and her infant son are currently living in a safe home away from her ex-fiance, but, she lives in constant fear and worry that her ex-fiance will harm her, their son, or himself.

Primary Diagnosis
Posttraumatic Stress Disorder

Diagnosis Code
F43.10

Secondary Diagnosis (if any)

Justification for Diagnosis

Client reports that she has experienced traumatic events which have included physical harm and threatened loss of life. She states she has recurrent, involuntary and intrusive memories of the abuse by her ex-fiance. (Her words to describe this are "bad thoughts and fears that I can't control"). She is living in fear and worry of future abuse and harm. She has experienced some memory loss of some of the abusive events. She reports blame for the abuse, because she did not stop it earlier. She experiences hypervigilance in protecting herself and her son from further contact with him, due to her reports of his psychological instability and unpredictable behavior. Client reports feeling this way since she moved out of their shared home on January 15, 2021. She is currently living in a safe environment with her mother and step-father.

Plan
Individual/Family Therapy

Signature

Appropriate consent for this client is on file and up to date; Latest Treatment Plan for this client is on file and up to date; Session took place at the date/times indicated herein.

Practitioner's Name

Credentials

Practitioner's Signature

Date Signed
2/22/2021

CFARS/FARS (H0031-GT)

Code

H0031-GT (CFARS-Telehealth)

Client Name**Age****Service Location:**
Telehealth (02)**DOS**

2/21/2021

End Time

12:14 PM

Start Time

11:00 AM

Type

Initial

SEVERITY RATINGS

1 = No problem 2 = Less than Slight 3 = Slight Problem

4 = Slight to Moderate 5 = Moderate 6 = Moderate to Severe 7 = Severe

8 = Severe to Extreme 9 = Extreme Problem

Depression

1

Anxiety

5

Thought Process

1

**Cognitive
Performance**

1

Medical/Physical

1

Traumatic Stress

6

**Hx of Substance
Abuse**

1

**Interpersonal
Relationships**

1

Work/School

1

Danger to Others

1

Danger to Self

1

ADL Functioning

1

Security Needs

1

Socio-Legal

1

Substance Use

1

Hyper Affect

1

**Family
Relationships**

6

**Family
Environment**

7

Ability to Care for Self

1

**Days spent in the community in the past
30 days?**

30

Was CT admitted to DJJ in the past 90 days?

No

**School days available in last 30 days
(22max)?**

0

**School days attended in last 30 days
(22max)?**

0

Signatures: