



Doing in-home therapy is not scary at all. You need to make sure you are comfortable and take the right precautions. Some counselors choose to meet outside the home, in the garage, in an outside table, etc. I know counselors who bring their own folding chairs with them in the car, and they use those to sit outside with the client.

Always have umbrellas in the car! Have one for you, and one for the client.

Always have hand sanitizer.

When meeting inside the home, 90% of the time there is no reason to be alarmed.

Just be confident and professional.

But when you feel it is not safe inside, or extremely unhygienic, make up any excuse to let the family and client know that the session or evaluation must be done outdoor. You can quote a company policy, personal preferences, or anything else that you feel supports your need.

Remember to always lock your vehicles. After all, you never know what kind of neighbors are around.

