



Sickness and Illness

At Growing Stars Pre-school, we promote the good health of all children attending. To help keep children healthy and minimise infection, we do not expect children to attend the setting if they are unwell. If a child is unwell it is in their best interest to be in a home environment with adults, they know well rather than at preschool with their peers.

If your child is not well enough to have free flow access to the garden then they are not well enough to be in Pre-School.

Our procedures

In order to take appropriate action of children who become ill and to minimise the spread of infection we implement the following procedures:

- If a child becomes ill during the Pre-School day, we contact their parent(s) and ask them to pick up their child as soon as possible. If the parents cannot be contacted the emergency contact details will be used. During this time, we care for the child in a quiet, calm area with their key person, wherever possible.
- We follow the guidance given to us by Public Health England (Health Protection In Schools and other childcare facilities) and advice from our local health protection unit on exclusion times for specific illnesses, e.g. sickness and diarrhoea, measles and chickenpox, to protect other children in the setting.
- Should a child have an infectious disease, such as sickness and diarrhoea, they must not return to preschool until they have been clear for at least 48 hours. We inform all parents if there is a contagious infection identified in the setting, to enable them to spot the early signs of this illness. We thoroughly clean and sterilise all equipment and resources that may have come into contact with a contagious child to reduce the spread of infection.
- We exclude all children on antibiotics for the first 48 hours of the course (unless this is part of an ongoing care plan to treat individual medical conditions e.g. asthma and the child is not unwell). This is because it is important that children are not subjected to the rigours of the Pre-School day, which requires socialising with other children and being part of a group setting, when they have first become ill and require a course of antibiotics.
- We have the right to refuse admission to a child who is unwell. This decision will be taken by the manager on duty and is non-negotiable.
- We make information/posters about head lice readily available, and all parents are requested to regularly check their children's hair. If a parent finds that their child has head lice, we would be grateful if they could inform the Pre-School so that other parents can be alerted to check their child's hair.

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Policy Reviewed: Yearly

Written on behalf of Growing Stars Pre-School : S Haywood



Meningitis procedure

If a parent informs the Pre-School that their child has meningitis, the manager will contact the Local Area Infection Control (IC) Nurse. The IC Nurse will give guidance and support in each individual case. If parents do not inform the Pre-School, we will be contacted directly by the IC Nurse and the appropriate support will be given. We will follow all guidance given and notify any of the appropriate authorities including Ofsted if necessary.

Transporting children to hospital procedure

The manager/staff member must:

- Call for an ambulance immediately if the sickness is severe. DO NOT attempt to transport the sick child in your own vehicle.
- Whilst waiting for the ambulance, contact the parent(s) and arrange to meet them at the hospital.
- Redeploy staff if necessary to ensure there is adequate staff deployment to care for the remaining children. This may mean temporarily grouping the children together.
- Arrange for the most appropriate member of staff to accompany the child taking with them any relevant information such as registration forms, relevant medication sheets, medication and the child's comforter.
- Remain calm at all times. Children who witness an incident may well be affected by it and may need lots of cuddles and reassurance. Staff may also require additional support following the accident.

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