

Psalm 91 is a great prayer to use when daily blessing your family! It has both elements of protection and blessing.

We have included a personalized version of Psalm 91 for your convenience. We trust it will be a blessing to you!

### **Psalm 91-Prayer Affirmation (NRSV)**

*Father God, I pray for me and my family (name each person) according to Psalm 91. I say that we live in the shelter of the Most High and we abide in the shadow of the Almighty. I say of you Lord that You are our refuge, our fortress, our God, in whom we trust for health and safety. You deliver us from the snare of the fowler and from the deadly pestilence. You cover us with your pinions and under your wings we find refuge from sickness and destruction.*

*Your faithfulness is a shield and buckler. We do not fear the terror of the night, or the arrow that flies by day, or the pestilence that stalks in darkness, or the destruction that wastes at noonday. A thousand may fall at our side and ten thousand at our right hand but sickness and destruction will not come near us.*

*Lord, because we have made you our refuge and the Most High our dwelling place, no evil shall befall us and no scourge of destruction and sickness come near our homes. For you have commanded your angels concerning us to guard us in all our ways. On their hands they bear us up so that we will not dash our feet against a stone.*

*Because we love You, You deliver us. You protect us because we know your name and when we call you answer. You are with us in trouble and rescue and honor us. With long life do you satisfy us and show us your salvation from destruction and sickness.*

*Heavenly Father, thank you for your blessing and protection!*