

Evolve with Homeopathy and Flower Essences

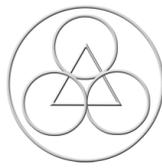
When you were created, you were designed as a particular constitutional type. Although unique, you will grow to fit a “pattern.” It is an expression of the constitution. Each human born into this life is destined to live through experiences designed around personal patterns. These patterns are valuable lessons to be utilized as growth tools. Triggers come into your life to activate these patterns causing reactions. Our reactions are the most powerful tool we have to make these lessons harder or easier. It is our free will.

As a spiral, we repeat patterns and attract situations and in turn trigger reactions. In essence, this is a very deep level of the Law of Attraction. Not everything we experience is known to us. We carry our beliefs and emotional responses at the subconscious level.

To complicate matters, as humans we carry forward past-life traumas and are also tied to ancestral experiences. The further we move in the healing process, the more these past influences come forth. The spiral will become easier to navigate as you become more aware of your patterns and triggers. It takes an amazing effort to go on the journey and work on more than just this life. I have found that homeopathy can bring the past life forward, and energy work can help to remove the trauma quicker.

The constitutional susceptibility can create very difficult or lesser traumatic situations. These situations are meant for you to learn from them, to grow strong and wise. It’s the human experience. Scenarios carried out by those who are placed in your life, I call facilitators, through contract agreements prior to birth. Contracts do end, but the power in the situation is being capable of letting go.

Now, if the childhood was traumatic, there are layers added to your constitution. Depending upon what type of trauma occurred, the necessary types of treatment can vary. As adults, it’s possible to develop these patterns of trauma, drama, and susceptibilities if our past traumas are not treated at early ages. Remember, the way to help these events is to change the response to triggers. In my experience I have found homeopathy and flower essences to be the best sources to “remedy” the response to triggers and change the attraction. Be careful to not “suppress” the expression with other modalities. Suppression is when you put the proverbial bandage over the reaction of a trigger with say, mood altering drugs. Not wanting to feel is to turn off your humanity switch. “I don’t want to feel that emotion anymore.” Let me explain more about suppression.



On the physical layer, say a mother puts diaper rash ointment on her child and then the child develops asthma—this follows the pattern of a constitution type. A homeopath can recognize this. Why would a skin issue turn into a lung issue? Because the amazing body is so intelligent that it begins to show “problems” through the skin. These problems are messengers. The skin is the least important organ of the body, and once the signal from the body is suppressed at that level, the body has no choice but to express through another organ of more importance, such as the lungs. This is a simple example of suppression for the physical layer.

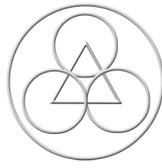
Our physical bodies store emotions in cellular memory. The messenger will be subtle at first and will eventually develop into physical illness or pain—a call to action. Surgeries, steroids, etc. only remove the expression, thus suppressing the underlying cause. This is why it is possible to experience an old injury or pain after taking a homeopathic remedy. The body is trying to correct its lost expression and heal properly.

Emotional states are triggered by outside experiences through the mental or belief layer. It is our beliefs, developed as a child, and predisposition of the constitution that influence our emotional states. My *illum*e essences are based upon the layers of physical, emotional, mental, and astral.

Fundamentally, *illum*e works to stimulate the vital force by working directly with cellular memory in the energy fields of these four bodies. These essences provide combustion of the toxic energy around harmful imprints. From this, the power of the immune system is then replenished, and healing thus accelerated. The four bodies are addressed in reverse order as they was activated or triggered.

I have also found that most of my clients will move through very specific, yet standard, emotional states. These states are victimization, trauma, insufficient boundaries, need to control, lack of direction, moving through karma, and freedom from co-dependency. Thus, I cover these states in my *Flower of Life* system.

The *Flower of Life* system paves the way for proper ascension or evolution. To heal is a highly spiritual act. The connection with the Soul needs to open in order to remove the fearful ego and the auto-pilot reactions. Moving from our old selves to our new selves proves to be necessary during this great awakening. There is much personal work to be done but it is necessary. After a full homeopathic consultation to verify the subject is ready for expansion, I offer a sequence of essences and curriculum through a 5-month process. Each month, you are guided through a curriculum detailed for the situations you are working on. The specific system essences help you move



through, without falter: The first month shakes the tree to Release, Control, and Restore. The second month moves through disillusionment with Understanding, Boundaries, and Protection. The third month clears the path with Destiny and Direction. The fourth month begins to realign you with the Divine by creating humbleness with Grace, Freedom, and Faith. Month five is bringing upon you the higher energies through the essences Alignment, Karma, and Success. The goal of full discernment generally takes longer than 5-months. The process is individualistic and requires a commitment from you to you.

Flower essences are amazing because within the month, your cells are reprogrammed by these positive vibrations that flowers carry. All you have to do is take the drops as indicated.

The biggest misunderstanding about healing is the belief that one is not accountable for this process. Shifting blame to responsibility and putting in the work requires a dedication unlike any. I always say this is a journey, as I have stumbled, climbed, fallen, gotten back up to fall again, and then finally moved into discernment. Remember, it is our free will. May your journey be resplendent.

In Service,
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