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CHRISTY BUSS HOSTS NEW TALK SHOW ‘AGELESS AMBITIONS’

The Talented Dancer/Choreographer and TV Host Launches New Series Focusing on Health and Wellness!

FOR IMMEDIATE RELEASE

LOS ANGELES, Calif. (May 1, 2019) – Noted dancer/choreographer and TV host Christy Curtis Buss takes on health, wellness and living life to the fullest in “Ageless Ambitions,” a new talk show premiering this month on YouTube.

“I am excited to bring ‘Ageless Ambitions’ and its message of the importance of health and wellness to a nationwide audience,” Buss said. “We’ll have lots of exciting celebrities, health and wellness experts, athletes, models and many inspiring people who are changing lives and making the world better for everyone, so please join us on ‘Ageless Ambitions’ for great conversation and lots of inspiring stories!”

Buss, whose father-in-law was the late Los Angeles Lakers owner Jerry Buss, will host the show which will feature a variety of guests from film, television, sports, music and more as they share their inspiring stories while discussing topics such as life, family, health and wellness, relationships and more. The show airs new episodes every Wednesday on YouTube.

Known for her philanthropic work with children and as the longtime choreographer of NBC’s long-running daytime serials “Days of Our Lives” and “Passions,” Buss aims to bring positivity and inspiration to viewers through the compelling stories of her guests and from her own experience.

“We’ll have engaging guests who will share their own secrets for better health and wellness that will improve lives while raising awareness of the importance of good health and staying fit,” she said. “At a time where there is so much turmoil and negativity in the news, ‘Ageless Ambitions’ will provide viewers with a good dose of positivity and motivation to focus on wellness and good health!”

The show is just the latest effort by the acclaimed choreographer, actress and philanthropist. For two years she starred in her own talk show, “All About Christy,” which featured notable guests and special features on beauty and health and wellness. In the past, Buss has focused on dance,

choreographing the acclaimed “Diane Diaz Show” at the Bellagio in Las Vegas as well as her work with dance students and appearances on “The MTV Movie Awards,” CNN and Fox Sports.

Today, Buss continues to build on her legacy and work with children and talented young dancers at her own dance studio, the Studio Art of Dance which has turned out scores of world-class dancers over the past 25 years.

For more about Christy Buss and “Ageless Ambitions,” visit www.AgelessAmbitions.com.

ABOUT CHRISTY CURTIS BUSS

Dancer, choreographer, actress and business owner, Christy Curtis Buss has worked over the years in film, television, print, and more. Her unique style, vision, and knowledge of dance and movement give her the extra edge for the industry. This year she is celebrating the 20th anniversary of The Studio Art of Dance. Born in St. Louis, Missouri, Christy grew up dancing at her mother's dance studio. She moved out to Los Angeles, California after winning The ABC TV Special “All American Girl” in 1979. When she moved out west, her first endeavor was becoming a Los Angeles Rams cheerleader, where she was dance captain and was able to travel world. After getting her foot in the door, she was casted for commercials and film. Acting on soap operas led to her choreographing for shows, such as “Passions” and “Days of Our Lives,” which is still current. Christy opened the Studio Art of Dance in 1993. She is now still running her business with over 450 students and three companies, while also choreographing with partners and groups for special occasions. Christy's resumé includes: Choreographer for NBC's “Days of Our Lives” - 18 years, Choreographer for NBC's “Passions,” “Sunset Beach,” Choreographer for LeAnn Rimes Tour, Dance Captain and Choreographer for the Los Angeles Rams, Los Angeles Clippers, Director- Los Angeles Sparks, and Bob Hope Super Bowl Special USO Tours. Christy Buss is online at www.ChristyCBuss.com and on Twitter at <https://twitter.com/christycBuss> and Instagram at www.instagram.com/christycbuss/

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