Way too often we all forget to connect with the people around us so we are starting a movement to

#DropSomeJoy

How does it work?

1. Find or create a small item or note that would make you smile or laugh out loud

2. Jot #DropSomeJoy somewhere on the item and snap a pic.

3. Post a pic of the item and tag @DropSomeJoy on Instagram or email the pic to joinus@dropsomejoy.com

4. Repeat

DropSomeJoy.com