



ABOVE & BEYOND FOR CHANGE
PRESENTS

COMMUNITY RESOURCES

MY FLORIDA MY FAMILY

An online platform that is providing counties with a comprehensive directory of local resources that will help strengthen families

MyFloridaMyFamily

<https://myfloridamyfamily.com>

NEIGHBORHOOD CENTERS FOR FAMILIES

One-stop centers that provide residents with a multitude of valuable services within their communities

<https://www.orangecountyfl.net/FamiliesHealthSocialSvcs/NeighborhoodCentersforFamilies.aspx#.YQIfSS1h1N1>



BUTTERFLY LIFESTYLE

Inspire, Empower, Encourage, and Inform individuals on their journey to living a healthier life.

<https://www.butterflylifestyle.org/>

PTA

Orange County Public Schools- Pinewood Elementary School

<https://pinewoodes.ocps.net>



GOJU KARATE

Go Ju Karate is for all ages! Learn self-defense and develop self-confidence. Taught by certified black-belt instructors

[\(407\) 254-9250](tel:(407)254-9250)

COMMUNITY ACTION DIVISION OF PINE HILLS

The Orange County Community Action Division's mission is to enhance the quality of life, promoting self-sufficiency, and eliminating the causes and consequences of poverty by mobilizing and directing socioeconomic resources, collaboration and partnership, and by providing high-quality, easily accessible programs and services.

<https://www.orangecountyfl.net/FamiliesHealthSocialSvcs/CommunityActionDivision.aspx>





ABOVE & BEYOND FOR CHANGE
PRESENTS

COMMUNITY RESOURCES



EMBRACE FAMILIES

Strong families. Strong communities. Every child deserves a safe, stable and loving home. Together, we can make that happen.

<https://embracefamilies.org/>

ORLANDO HEALTH

Mental Health Awareness

<https://www.orlandohealth.com/content-hub/getting-mental-health-care-at-orlando-health>



ORANGE COUNTY LIBRARY SYSTEM

Sign up for your free library card

<https://www.ocls.info>

ORANGE COUNTY FIRE RESCUE

Learn about:

- Exit drills in the home
- Crawling low under smoke
- Demonstrating firefighter's gear
- Calling 9-1-1
- Don't play with matches!
- Juvenile fire-setting
- Careers in the Fire Service



<https://www.ocfl.net/EmergencySafety/FireSafetyPublicEducation.aspx#.YPzP9-hKhPY>



BIKE/WALK OF CENTRAL FLORIDA

Making biking and walking an accessible, safe transportation option for residents, regardless of where you live or need to go.

<https://bikewalkcentralflorida.org/>

To access the links and websites for all Community Resources, please visit:
<https://aboveandbeyondforchange.org>