



Nail Exam Answer - 03

1. Ultraviolet radiation is harmful to:

- A. Bones
- B. Eyes
- C. Nail polish
- D. Acrylic tips

2. Liquid acrylic is a type of:

- A. Polymer
- B. Monomer
- C. Catalyst
- D. Curing

3. A condition in which white spots appear on the nails is called:

- A. Leukonychia
- B. Atrophy
- C. Nevus
- D. Super Atrophy

4. State regulators expect a salon environment to be:

- A. Sterile
- B. Infectious
- C. Decorative
- D. Sanitary

5. By understanding body structure, you will be more proficient when doing:

- A. Fiber Wraps
- B. Basic Manicures
- C. Pedicures
- D. Hands and Arm massage

6. All living things are made up of this basic unit, called the:

- A. Cell
- B. Protein
- C. Nucleus
- D. Beta Blocker



7. Bacteria can be found nearly everywhere; there are this many known types:

- A. 15,000
- B. 5,000
- C. 10,000
- D. 1,500

8. This activity is dangerous around chemicals:

- A. Gossiping
- B. Chewing gum
- C. Talking loudly
- D. Smoking

9. This medical specialty focuses on skin problems

- A. Cardiology
- B. Dermatology
- C. Aesthetic
- D. Podiatry

10. A client consultation is the conversation you have with the client before:

- A. Starting the service
- B. They make an appointment
- C. They pay
- D. They buy retail products

11. The manicure table should have a bulb of this wattage in the lamp:

- A. 60
- B. 100
- C. 40
- D. 150

12. Natural immunity is obtained by keeping the body:

- A. Warm
- B. Healthy
- C. Underweight
- D. Overweight

13. The condition in which the nail loosens from the nail bed is:

- A. Paronychia
- B. Oncophagy
- C. Onychia
- D. Onycholysis



14. Sculptured nails are also known as:
- A. Acrylic nails
 - B. Manicured nails
 - C. Nail wraps
 - D. Extra long nails
15. The recommended maintenance schedule for all acrylic nails is every:
- A. Month
 - B. Two weeks
 - C. Day
 - D. Six months
16. Your sense of right and wrong when you interact with clients, employer, and coworker is called:
- A. Honesty
 - B. Professional ethics
 - C. Moral values
 - D. Moodiness
17. Massage, nerve impulses, and light rays are some of the ways to stimulate:
- A. Phalanges
 - B. Muscles
 - C. Sanitation
 - D. Eyes
18. The muscles which can cause goose bumps are called the:
- A. Arrector pili
 - B. Papillae
 - C. Goosli muscle
 - D. Lesion
19. An emery board is an example of an item that is:
- A. Wet sanitized
 - B. Heat sanitized
 - C. Disposable
 - D. Purchased individually
20. If the nail tip covers the nail plate from sidewall to sidewall, it is:
- A. Too wide
 - B. Properly sized
 - C. Too long
 - D. Too narrow



21. The French Manicure look can be created through the:
- A. One-color acrylic method
 - B. Proper diet
 - C. Proper buffing techniques
 - D. Two-color acrylic method
22. In acrylic applications, the free edge is formed with the:
- A. First Acrylic ball
 - B. Third Acrylic ball
 - C. Nail file
 - D. Second Acrylic ball
23. Glue should be stored at room temperature between:
- A. 60-85 degrees Celsius
 - B. 70-90 degrees Celsius
 - C. 60-85 degrees Fahrenheit
 - D. 70-90 degrees Fahrenheit
24. Soft or fragile nails should be filed using a/an
- A. Emery board
 - B. Metal nail file
 - C. Chamois buffer
 - D. Nail Brush
25. Hypoallergenic products are used for the client's
- A. Pharmacist
 - B. Skin cancer
 - C. Safety
 - D. Acne
26. The movements of the body are controlled by the
- A. Efferent nerves
 - B. Blood
 - C. Peripheral system
 - D. Central nervous system
27. When conditions are unfavorable for reproduction, bacteria will go dormant after forming a tough covering called a
- A. Shell
 - B. Mitosis
 - C. Spore
 - D. Flagella



28. Non-acetone remover is used to remove polish from
- A. Hangnail
 - **B. Artificial tips**
 - C. Toenails
 - D. Accidental spills on clothing
29. A repair patch is a piece of fabric cut to:
- A. The nail's shape
 - B. 1/4 inch by 1/4 inch
 - **C. Completely cover a crack or break**
 - D. 1/2 inch by 1/2 inch
30. Insomnia, watery eyes, and sluggishness are symptoms of a chemical
- **A. Overexposure**
 - B. Inhalation
 - C. Burn
 - D. Poisoning
31. In order to have a good working relationship with coworkers, you should
- **A. Respect their opinions**
 - B. Use deodorant
 - C. Buy their lunch
 - D. Point out mistakes
32. Liquid nail wrap is used to
- A. Speed the silk wrap procedure
 - B. Preserve nail art
 - **C. Strengthen natural nail**
 - D. Cover fungi
33. The opaqueness of linen wrap requires that they be covered with
- A. Glitter
 - B. Clear polish
 - C. Mending tissue
 - **D. Colored Polish**
34. Always refuse to service and refer a client to a physician if they have a skin or nail
- A. Hangnail
 - B. Bruise
 - **C. Inflammation**
 - D. Callus



35. Tanning is caused by exposing skin to the sun's
- A. Ultraviolet rays
 - B. Keratoma
 - C. Vitamin D
 - D. Carotene
36. Learning about other services offer at the salon, such as hair and skin care, then telling your clients about them is called salon
- A. Performance
 - B. Showoff
 - C. Promotion
 - D. Networking
37. In acrylic nails, the transfer of the heat until the last polymer receives heat is known as
- A. Cold reaction
 - B. Dehydration
 - C. Polymerization
 - D. Catalyst
38. The best way to protect yourself and your clients against infection is to always
- A. Ask if they have infection
 - B. Wear mask
 - C. Sanitize implements properly
 - D. Sit at arm's length
39. Mending liquid is a heavy adhesive used to apply
- A. Silk wrap
 - B. Paper wrap
 - C. Linen wrap
 - D. Nail gem
40. To remove acrylic nails, they should be soaked in
- A. Non-acetone polishes remover
 - B. Water
 - C. Brush cleaner
 - D. Acetone polish remover
41. The technical name of callus is
- A. Freckle
 - B. Stratum lucidum
 - C. Tyloma
 - D. Mole



42. Bacilli and spirilla propel themselves with hairline projections known as
- A. Flagella
 - B. Propellants
 - C. Mitosis
 - D. Cocc
43. To protect hands and nails when doing housework, clients should wear:
- A. Silicon lotion
 - B. Rubber gloves
 - C. Clear polish
 - D. Dust mask
44. Line wraps:
- A. Are thicker than silk
 - B. Do not last long
 - C. Are considered a thin wrap
 - D. Are loosely woven
45. The nerve which supplies impulses to the top of the foot is the
- A. Dorsal
 - B. Digital
 - C. Saphenous
 - D. Ulna
46. Unsanitary implements can cause these nail disorders
- A. Onychomycosis
 - B. Mold
 - C. Onychia and Paronychia
 - D. Nevus
47. Cuticle pushers are also known as
- A. Nippers
 - B. Oils
 - C. Emery boards
 - D. Steel pushers
48. The common nail shape for male clients is
- A. Square
 - B. Oval
 - C. Round
 - D. Pointed



49. To prevent contamination of the disinfectant, disinfection containers should be kept
- A. Warm
 - B. Covered
 - C. Cold
 - D. In cupboards
50. Client service records are usually kept on
- A. Index cards
 - B. Blue Paper
 - C. Triplicate forms
 - D. Iphone