



Nail Exam Answer - 02

1. The tracks on each side of the nail are the:

- A. Beds
- B. Grooves
- C. Mantles
- D. Free edge

2. Artificial nails are used to:

- A. Cover up a fungus
- B. Protect a hangnail
- C. Aid circulation
- D. Repair bitten nails

3. What is the term for the hair-like projections that help bacteria move in a whilike motion?

- A. Cocci
- B. Spores
- C. Spirilla
- D. Flagella

4. Hand and arm massage should be avoided when:

- A. The client has had a stroke
- B. The skin is very dry
- C. The client has liver spots
- D. The client is tense

5. How does a paraffin wax manicure benefit a client?

- A. Permanently increases skin elasticity
- B. Rehydrates the skin
- C. Removes wrinkles from hands
- D. Lightens age spots

6. When preparing the foot bath for a pedicure, what should the manicurist add?

- A. Foot lotion
- B. Antibacterial agent
- C. Exfoliating agent
- D. Nail bleach



7. Which one of the following is a primary function of the skin?
- A. Oxidation
 - B. Digestion
 - C. Protection
 - D. Salivation
8. Which one of the following should be added to the water in a finger bowl?
- A. Oil
 - B. Soap
 - C. Polish remover
 - D. Cuticle softener
9. Which one of the following is a good antiseptic to use in a slight cut?
- A. Acetone
 - B. Styptic pencil
 - C. Hydrogen peroxide
 - D. Sodium hypochlorite
10. When a client has dry rough cuticles, what can be used by the nail technician to treat **Styptic pencil** this problem?
- A. Base coat
 - B. Nail sealer
 - C. Conditioning oil
 - D. Acetone remover
11. Lifestyle must be considered during which one of the following steps in a manicure?
- A. Sanitation
 - B. Consultation
 - C. Table set up
 - D. Post-service record
12. Which one of the following procedures should not be done when giving a nail wrap?
- A. Removal of old nail polish
 - B. Pushing back the cuticle
 - C. Buffing to remove shine
 - D. Soaking nails in water
13. Two reasons for using an antiseptic when applying nail tips are that it removes more oil and:
- A. Moisturizes the nail
 - B. Dehydrates the nail
 - C. Seals the nail
 - D. Hardens the nail



14. The small folds of skin overlapping the sides of the nails are called the nail:

- A. Bed
- B. Wall
- C. Matrix
- D. Mantle

15. A nail technician should refuse to perform services on a client with:

- A. Ringworm
- B. Bitten, deformed nails
- C. White spots on the nails
- D. Severely curved nails

16. What should the nail technician do to remove dust after filing?

- A. Gently blow on nails
- B. Mist with primer
- C. Wipe with monomer
- D. Clean with nail brush

17. Which one of the following is used to correct yellow nails?

- A. Antibacterial soap
- B. Cuticle solvent
- C. Nail bleach
- D. Polish remover

18. Great care must be exercised when filing the sides of sculptured nails to ensure that:

- A. They taper toward the lunula
- B. They angle away from the nail edges
- C. The corners of the nails are removed
- D. The edges are blended with the natural nails

19. The formation of the nail occurs in the:

- A. Matrix
- B. Lunula
- C. Cuticle
- D. Nail bed

20. The part of the nail that extends over the fingertip can best be described as the:

- A. Matrix
- B. Nail bed
- C. Nail root
- D. Free edge



21. The nail plate extends from the nail root to the:

- A. Lunula
- B. Nail bed
- C. Free edge
- D. Matrix

22. To prevent the spread of disease the nail tech should clean up blood spills which product?

- A. Alcohol
- B. Antiseptic
- C. Sterile cotton square
- D. Hospital grade disinfectant

23. Hot oil manicures should be recommended for clients who have:

- A. Sculptured nails
- B. Dry cuticles
- C. Strong, hard nails
- D. Smooth, soft hands

24. Which one of the following are glued onto natural nails and are made of plastic, nylon, or acetate?

- A. Acrylics
- B. Wraps
- C. Tips
- D. Gels

25. What should be done if a small dark spot appears on the nail plate under the artificial nail:

- A. Wait until the condition worsens
- B. Add additional acrylic
- C. Cover the area with an extra coat of nail polish
- D. Remove the product and inspect for any disorders

26. Which one of the following should not be used during the application of artificial nails?

- A. Nail bleach
- B. Nail enamel
- C. Nail primer
- D. Nail polish remover



27. During the consultation for manicure, the nail technician should consider which one of the following?
- A. Shape of the nail
 - B. Shape of the arm
 - C. Shape of the nail file
 - D. Shape of the orangewood stick
28. Which of the following bacteria is responsible for causing disease?
- A. Pathogenic
 - B. Non-pathogenic
 - C. Non-contagious
 - D. Saprophyte
29. What is the term for skin that surrounds the nail?
- A. Groove
 - B. Nail mantle
 - C. Perionychium
 - D. Hyponychium
30. Prior to the application of polish, what should the nail technician use on the nails to remove oily residue?
- A. Nail primer
 - B. Polish remover
 - C. Acrylic liquid
 - D. Cuticle remover
31. Spraying a client's nails with water before buffing will reduce:
- A. Heat
 - B. Hydration
 - C. Yellowing
 - D. Lifting
32. While preparing for pedicure, the nail technician notices open cracks and pink blisters between the client's toes. What should the nail technician do?
- A. Spray the feet with a fungicide and continue with the service
 - B. Refuse the service and recommend the client see a physician
 - C. Resoak in a foot bath with alcohol
 - D. Reassure the client and proceed with the pedicure using gloves



33. How should metal manicuring implements be disinfected?
- A. Place in a dry sanitizer
 - B. Place in a wet sanitizer
 - C. Wrap in sanitized towels
 - D. Wash with soap and hot water
34. Which one of the following is most important when applying gel nails?
- A. Experimenting
 - B. Putting gel on evenly
 - C. Following manufacturer's instructions
 - D. Reading MSDS sheets
35. Which one of the following may result from filing the corners of the nails too deeply?
- A. Hard nails
 - B. Nail ridges
 - C. Ingrown nails
 - D. Very long nails
36. A base coat is primarily used to:
- A. Fill in ridges
 - B. Repair nail splits
 - C. Dehydrate nail plate
 - D. Make polish adhere better
37. Which one of the following is most likely to create an environment for mold growth under artificial nails?
- A. Excessive oils
 - B. Hand creams
 - C. Paraffin bath
 - D. Trapped moisture
38. What is used to remove dry skin or keratomas from the feet?
- A. Toe nail clipper
 - B. Toe nail separator
 - C. Foot file
 - D. Foot powder
39. What implement is used to apply and shape acrylic nails?
- A. Sable brush
 - B. Cotton-tipped orangewood stick
 - C. Nail brush
 - D. Nail forms



40. Which of the following describes tinea unguium?
- A. Swelling of the nail
 - B. Overgrowth of the nail
 - C. An infectious disease caused by a fungus
 - D. A growth of horny epithelium in the nail bed
41. Which one of the following is a common ingredient used to dissolve nail products?
- A. Glycerine
 - B. Formaldehyde
 - C. Paraffin
 - D. Acetone
42. An example of a vegetable parasite infection is:
- A. Rickettsia
 - B. Immunity
 - C. Ringworm
 - D. Scabies
43. What is the most common cause of infection?
- A. Decaying matter
 - B. Non-pathogenic bacteria
 - C. Parasites
 - D. Pathogenic bacteria
44. Under which one of the following conditions could you perform a pedicure massage?
- A. High blood pressure
 - B. Heart condition
 - C. Leuconychia
 - D. Tinea pedis
45. What does a disinfectant destroy?
- A. Chemicals
 - B. Heat
 - C. Bacteria
 - D. Antiseptics
46. What should be done with manicuring implements before they are used on a client?
- A. Cleaned and disinfected
 - B. Soaked in acetone
 - C. Washed with warm soapy water
 - D. Wiped with alcohol



47. When filing fragile nails, what implement should the nail technician use?
- A. Metal file
 - B. Emery board
 - C. Chamois buffer
 - D. Nail clipper
48. What muscle straightens the wrist, hand, and fingers to form a straight line?
- A. Tricep
 - B. Extensor
 - C. Deltoid
 - D. Bicep
49. What is the first step before beginning a client service?
- A. Filing nails
 - B. Client consultation
 - C. Removing polish
 - D. Buffing nails
50. Which one of the following is the part of the nail that extends over the fingertip?
- A. Matrix
 - B. Nail bed
 - C. Free edge
 - D. Nail root