



Nail Exam Answer - 05

1. Two-color acrylic application requires use of all the following except:
 - A. White tip powder
 - B. Yellow powder
 - C. Pink powder
 - D. Acrylic liquid

2. The common name of onychocryptosis is:
 - A. Hangnail
 - B. Nail biting
 - C. Ingrown nail
 - D. Bruise

3. Artificial enhancements are examples of coating created by:
 - A. A physical reaction
 - B. A chemical reaction
 - C. A combination reaction
 - D. A chemical restriction

4. The largest system in the body is the
 - A. Skeletal
 - B. Integumentary
 - C. Circulatory
 - D. Digestive

5. The chemicals from nail products enter your body in all these ways except:
 - A. Inhalation
 - B. Ingestion
 - C. Injection
 - D. Skin contact

6. If pus is presented, the skin or nail is:
 - A. Infected
 - B. To be soaked in alcohol
 - C. Bruised
 - D. Inflamed



7. Even though nails seem to be a dry hard plate, their water content is:
- A. 15-35%
 - B. 25-40%
 - C. 10-30%
 - D. 50-60%
8. An important part of the consultation is to determine whether or not the home maintenance for a service fit the client's
- A. Looks
 - B. Lifestyle
 - C. Budget
 - D. Ability
9. Equipment is the term for items used in nail technology that are:
- A. Expensive
 - B. Made of plastic
 - C. Disposable
 - D. Permanent
10. When pedicuring, the proper time to insert toe separators is before:
- A. Clipping the nails
 - B. Polishing the nails
 - C. Filing the nails
 - D. Soaking the feet
11. The foot massage begins with:
- A. Joint relax movements
 - B. Thumb compression
 - C. Metatarsal scissors
 - D. Brisk rubbing
12. Bacteria multiply at amazing speeds - in only half a day, a single bacteria cell can produce this many more
- A. 6,000
 - B. 100,000
 - C. 16 million
 - D. 25,000
13. Albinism is the congenital absence of this substance from the body;
- A. Albumin
 - B. Fungus
 - C. Melanin
 - D. Vitamin C



14. Performing a service on an infected nail could cause your client a great deal of
- A. Healing
 - B. Pain
 - C. Regrowth
 - D. Filing
15. Phenolicare good for implement disinfection but are:
- A. Difficult to work with
 - B. Unbalanced
 - C. Hard to find
 - D. Costly
16. Your best source for advertising to attract new clients is
- A. Radio
 - B. Current satisfied clients
 - C. Newspaper
 - D. Coupon mailers
17. A lamp bulb with high wattage will affect products performance when giving this service
- A. Sculptured nails
 - B. Gel nail
 - C. Polished change
 - D. Fiber wraps
18. The body is protected from harmful infection and bacteria through the white cells found in
- A. Urine
 - B. Blood
 - C. Sebum
 - D. Skin
19. A properly ventilated salon is the one that vents fumes and vapors to the
- A. Reception area
 - B. Bathroom
 - C. Outside
 - D. Haircolor area
20. Black bands seen under or within the nails plate are known as
- A. Plicatured
 - B. Verruca
 - C. Onychophagy
 - D. Melanonychia



21. To avoid ingrown toenails, file the nail straight across with

- A. Steel implements
- B. Slightly rounded corners
- C. Metal files
- D. Chamois buffers

22. Healthy nails result from

- A. A general state of health
- B. Regular trimming
- C. Eating bananas
- D. Drinking carrot juice

23. Fingernails grow faster than

- A. Hair
- B. Bones
- C. Toenails
- D. Muscles

24. Paper wraps will dissolve in

- A. Water
- B. Dishwashing liquids
- C. Polish remover
- D. Polish application

25. To reseal wrap during a glue fill, apply adhesive to

- A. Any broken edges
- B. The polish brush before application
- C. The entire nail
- D. Only the thumb nails

26. Finished acrylics nails are:

- A. Polymers
- B. Monomers
- C. Polymerization
- D. Catalysts

27. Foil leaf is available in gold, silver, and

- A. Bronze
- B. Copper
- C. Turquoise
- D. Onyx



28. Non-pathogenic bacteria belong to the group of bacteria known as
- A. Spirilla
 - B. Viruses
 - C. Cocci
 - D. Saprophytes
29. Problems or questions about your job should be discussed with
- A. Your co-workers
 - B. Your employer
 - C. Your best friend
 - D. Your mother
30. To ensure full potency, chemical agents for sanitation should be purchased
- A. In bulk
 - B. In small quantities
 - C. By mail
 - D. On sunny day
31. If no overlay is applied, an artificial tip is very
- A. Weak
 - B. Colorful
 - C. Apparent
 - D. Natural looking
32. A small elevation above the skin surface that has a solid center and can be felt is known as a/an
- A. Macule
 - B. Bulla
 - C. Scale
 - D. Papule
33. Overlay is another name for
- A. Stencils
 - B. Nail wraps
 - C. Gem application
 - D. Gel application
34. The joints in the ankle and wrist are know as
- A. Ball joints
 - B. Cartilage
 - C. Gliding joints
 - D. Carpus



- 35.** Extra-long natural nails are not suited for this service
- A. Paper wrap
 - B. Reconditioning hot oil manicure
 - C. French manicure
 - D. Nail art
- 36.** Percussion movements are also called:
- A. Drum symphonies
 - B. Tapotement movement
 - C. Tingle toes
 - D. Tapping touches
- 37.** In acrylic technique, when a sable brush is dipped into liquid, then powder, this forms:
- A. Glue
 - B. A chalky white color
 - C. Baking soda
 - D. An acrylic ball
- 38.** Store acrylic products
- A. On well-lit shelves
 - B. Near the manicure lamp
 - C. In covered containers
 - D. Near a heating unit
- 39.** An MSDS can be obtained from your salon's
- A. Distributor
 - B. Main office
 - C. Cleaning person
 - D. Fire department
- 40.** The deep layer of skin is called the
- A. Epidermis
 - B. Subcutaneous layer
 - C. Dermis
 - D. Nutrient level
- 41.** An orangewood stick is classified as a/an
- A. Nail file
 - B. Equipment
 - C. Implement
 - D. Reusable item



42. The free edge of sculptured nails should be shape with a/an
- A. Tweezers
 - B. Cuticle nipper
 - C. Chamois buffer
 - D. Metal nail file
43. Stripping tape is used to create lines when doing
- A. Football field making
 - B. Nail art
 - C. Toenail clipping
 - D. A French manicure
44. Onychauxis is the technical term for a nail's
- A. Overgrowth
 - B. Infection
 - C. Bruise
 - D. Removal
45. Chloasma is commonly known as
- A. Freckles
 - B. Birthmark
 - C. Liver spots
 - D. Tanning
46. An accidental splash of solvent or primer can seriously injure the
- A. Nail
 - B. Polish
 - C. Implements
 - D. Eyes
47. Manicure friction massage involves a wringing movement on the
- A. Toe
 - B. Arm
 - C. Fingers
 - D. Wrist
48. When removing artificial tips, first soak them in remover to
- A. Dissolve the free edge
 - B. Remove the polish
 - C. Soften them
 - D. Dissolve the sidewalls



49. The chalky white color of primer during acrylic application indicates the primer is

- A. Dry
- B. Odorless
- C. Old
- D. Not properly mixed

50. Spraying nail antiseptic on nails removes

- A. Cotton bits
- B. Polish
- C. Nail fillings
- D. Natural oil