



Nail Exam Answer - 07

1. The common name for tinea unguium is
 - A. Brittle Nails
 - B. Ringworm of the nail
 - C. Ingrown nails
 - D. Hang nails

2. Filing deep into the nail corners can cause
 - A. Ingrown nails
 - B. Brittle nails
 - C. Blue nails
 - D. Systemic illness

3. Disease causing agents smaller than bacteria are
 - A. Germs
 - B. Viruses
 - C. Microbes
 - D. Parasites

4. The purpose of an antiseptic is to prevent
 - A. Skin infections
 - B. Spread of HIV
 - C. Growth of bacteria and other microorganisms
 - D. Mold and fungus

5. A client consultation takes place before
 - A. Starting the service
 - B. Purchase retail products
 - C. They pay
 - D. Arrive

6. Soft or fragile nail should be filed using a/an
 - A. Metal file
 - B. Orangewood stick
 - C. Chamois buffer
 - D. Emery board



7. If the nail or skin to be worked on is inflamed, broken, swollen or infected, the client must
- A. Be disinfected
 - B. Be referred to a physician
 - C. Sanitized
 - D. Referred to another technician
8. Following disinfection, dry implements should be stored
- A. In a jar
 - B. Dry cabinet sanitizer
 - C. In a paper towel
 - D. Toolbox
9. To avoid ingrown toenails, the nails should be filed
- A. At an angle
 - B. Slightly square
 - C. Straight across
 - D. Rounded in the corner
10. Nail wraps are used on natural nails or artificial tips to
- A. Repair or strengthen
 - B. To protect nail art
 - C. Provide a foundation for polish
 - D. Cover poor technical work
11. Disease causing bacteria are
- A. Aseptic
 - B. Non-pathogenic
 - C. Pathogenic
 - D. Beneficial
12. Lightheadedness, runny nose, and tingling toes are symptoms of chemical
- A. Inhalation
 - B. Exposure
 - C. Burning
 - D. Overexposure
13. The function of the flexor muscle is to
- A. Rotate the hand and fingers
 - B. Open the hand and fingers
 - C. Abduct the fingers
 - D. Bend the wrist and fingers



14. The disease AIDS is caused by a
- A. Bite
 - B. Fungus
 - C. Virus
 - D. Spore
15. The correct method of filing natural nails is
- A. From corner to side
 - B. From center to side
 - C. From corner to corner
 - D. From center to corner
16. The slits or tracks in the nail bed at the sides of the nail on which the nails grows are called
- A. Rails
 - B. Grooves
 - C. Furrows
 - D. Canal
17. The fingerbowl used during a manicure contains water and
- A. Alcohol
 - B. Alum
 - C. Fungicide
 - D. Antibacterial soap
18. What portion of the epidermis is under the free edge of the nail?
- A. Perionychium
 - B. Mantle
 - C. Lunula
 - D. Hyponichium
19. What can the client use for protection during an acrylic nail service
- A. Nail primer
 - B. Fabric wrap
 - C. Dust mask
 - D. Disposable
20. A client makes an appointment to have a manicuring service for the first time. What should the manicurist do FIRST?
- A. Have the client sign a release form
 - B. Test the client for allergy to acrylic products
 - C. Schedule the client for next appointment
 - D. Complete a client record



21. The ability of the skin to return to its original shape after being stretched is due to elastic tissue found in the

- A. Reticular layer
- B. Epidermal layer
- C. Papillary
- D. Adipose layer

22. What can be used by the nail technician

- A. Fabric wrap
- B. Nail primer
- C. Acetone
- D. Acrylic liquid

23. The vascular system is also known as the

- A. Muscular system
- B. Nervous system
- C. Circulatory system
- D. Skeletal system

24. When applying polish, which one of the following can be used to correct a smudge before applying more polish?

- A. Alcohol
- B. Cuticle oil
- C. Polish remover
- D. Primer

25. What is the best service to treat dry, split cuticles

- A. Nail wrap
- B. Hot oil manicure
- C. Sculptured nails
- D. Water manicure

26. What is the purpose of a paper wrap?

- A. Fill-in bases
- B. Tip overlays
- C. Nail extensions
- D. Quick repairs on natural nails

27. The HIV virus causes which one of the following disease?

- A. TB
- B. AIDS
- C. Influenza
- D. Hepatitis



28. On which one of the following condition can a pedicure be performed?
- A. Herpes simplex
 - B. Athlete's foot
 - C. Deep fissure
 - D. Nodule
29. What part of the nail is embedded underneath the skin?
- A. Bed
 - B. Root
 - C. Lunula
 - D. Eponychium
30. What protein makes up the nail plate?
- A. Keratin
 - B. Melanin
 - C. Collagen
 - D. Elastin
31. What should be included in a client's consultation?
- A. Shoe size
 - B. General health
 - C. Hair color
 - D. Food allergies
32. To protect the nail technician from injury, what should be used when shortening sculptured nails?
- A. Eye goggles
 - B. Nail clippers
 - C. Disinfected file
 - D. Electric file
33. When removing artificial tips, what product would be used?
- A. Thinner
 - B. Acetone
 - C. Primer
 - D. Monomer
34. Which instrument should be used when cleaning under the free edge of the natural nail?
- A. Nail white pencil
 - B. Nail drill
 - C. Cotton wrapped stick
 - D. Cuticle nippers



35. The client has evidence of fungus under artificial nails. What protective measure should the nail technician take when removing artificial nails?

- A. Wear protective dust mask
- B. Wipe nails with hospital grade disinfectant
- C. Wear protective gloves
- D. Apply primer to expose nail plate

36. Which one of the following is NOT a function of the muscle

- A. Movement
- B. Shape
- C. Support
- D. Secretion

37. What should the nail technician do to the emery board after a manicure service?

- A. Immerse for twenty minutes
- B. Store in a closed container
- C. Wipe with alcohol
- D. Break before discarding

38. Which one of the following is the correct method of disinfecting metal manicuring implements?

- A. Wipe thoroughly with alcohol
- B. Immerse in germicide 10 minutes or more
- C. Store in an ultraviolet cabinet
- D. Insert in a bead sterilized for 30 min

39. Which one of the following factors is LEAST important when determining the particular service a nail technician should provide for a client?

- A. Condition of natural nails
- B. Life style and job requirements of the client
- C. Desires of the technician
- D. What the client would like the nails to look like

40. Nail forms should be used when applying

- A. Nail tips
- B. Acrylic nails
- C. Mending tissue
- D. Acrylic over nail tips



41. To keep polish from staining the nails, what should the nail technician use?
- A. Acid primer
 - B. Base coat
 - C. Nail dry
 - D. Top coat
42. The client has chronic onychophagy and requests artificial nails. What should the nail technician do?
- A. Apply form and begin overlay application at tip of nail
 - B. Extend nail plate with product and apply form
 - C. Refuse service until free edge is evident
 - D. Refer the client to physician
43. Which skin condition would prevent a nail technician from providing a nail service?
- A. Scar
 - B. Callus
 - C. Infection
 - D. Hangnail
44. Which one of the following bacteria is responsible for causing disease?
- A. Pathogenic
 - B. Non-pathogenic
 - C. Non-contagious
 - D. Saprophyte
45. What should be used to remove polish from the cuticle area?
- A. Cuticle nipper
 - B. Cotton wrapped stick
 - C. Metal anil file
 - D. Antibacterial soap and water
46. When preparing a break in nail, how wide should a stress tip be?
- A. 1/2 in
 - B. 1/4 in
 - C. 1/8 in
 - D. 1/16 in
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48. What is the effect of using oil on the nail and cuticle?
- A. Increases the adhesion of the polish
 - B. Etches the nails
 - C. Stimulates the matrix
 - D. Lubricates the skin and nails
49. To avoid loss of time between appointments the nail technician should:
- A. Have two sets of disinfected implements
 - B. Use the same set of towels for every client
 - C. Wait to sanitize the implements at the end of the day
 - D. Eliminate the soaking portion of the manicure
50. A base coat is usually applied:
- A. To the lunula only
 - B. To the free edge only
 - C. After the color polish
 - D. Before the color polish
51. When finishing an artificial nail, which one of the following should be done?
- A. Buffing
 - B. Soaking
 - C. Etching
 - D. Brushing
 -
52. The cuticle overlapping the lunula is the:
- A. Mantle
 - B. Groove
 - C. Eponychium
 - D. Hyponychium
53. Which one of the following implements best removes length quickly from an artificial nail tip?
- A. Metal file
 - B. Block buffer
 - C. Cuticle nippers
 - D. Nail clipper
54. In which direction should sculptured nail forms be removed?
- A. Upward
 - B. Downward
 - C. To the left side
 - D. To the right side



55. After a manicure, which one of the following should be disinfected?

- A. Emery board
- B. Nail form
- C. Cuticle nippers
- D. Orangewood stick

56. When applying nail tips. It is important that the nail well:

- A. Covers the entire nail bed
- B. Is wider than the nail plate
- C. Matches the width of the nail
- D. Rest on the cuticle