



## Nail Exam Answer - 09

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- 1) After implements are sanitized in a wet solution:
  - a) a. They should be store in an unused shampoo sink
  - b) b. In a dry sanitized container**
  - c) c. In a pocket of a manicurist uniform
  - d) d. On an open shelf in the dispenser
- 2) The main reason for soaking finger in a finger bowl containing warm water solution is:
  - a) a. Sterilize fingers
  - b) b. Remove nail polish
  - c) c. Clean and soften cuticles**
  - d) d. Repair nails from color applications
- 3) In a normal adult the average growth rate of a nail is how many inches per month?
  - a) a. 1/8**
  - b) b. 1/3
  - c) c. 1/2
  - d) d. 1
- 4) Which of the following basic manicure procedure is performed first:
  - a) a. Sterilize fingers
  - b) b. Remove nails polish**
  - c) c. Clean and soften cuticles
  - d) d. Repair nails from color applications
- 5) A hot manicure is recommended when:
  - a) a. The client can afford it
  - b) b. When a client request a basic manicure
  - c) c. There is evidence of dryness in nail and cuticles**
  - d) d. The nails are short and the client does not want them polish



- 6) Which of the following products must be on the manicuring table at the time of service:
- a) a. Bichloride of mercury
  - b) b. Distilled water
  - c) c. Carbolic acid
  - d) d. Disinfectant**
- 7) The main purpose of the orange wood stick is to:
- a) a. Reattach broken nails
  - b) b. Remove old nail polish
  - c) c. Sanitize the nail**
  - d) d. Apply cuticle remover or creams
- 8) The instrument used to shape the free edge nails is called
- a) a. Emery board**
  - b) b. Manicure scissors
  - c) c. Pusher
  - d) d. Nipper
- 9) Client comes into the salon with leukonychia the manicurist should:
- a) a. Refer client to a physician
  - b) b. Refuse to serve the client
  - c) c. Proceed with service as usual**
  - d) d. Recommend antifungal solution
- 10) A manicurist should not perform nail service on client that has:
- a) a. Onychophagy
  - b) b. Furrow
  - c) c. Leukonychia
  - d) d. Tinea**
- 11) The nail body is located on:
- a) a. Top of the nail bed**
  - b) b. At the end of the nail reaching over the fingertip
  - c) c. At the base of the nail
  - d) d. Underneath the skin



- 12) The purpose of a dry sanitize is to:
- a) a. Securely lock up the product
  - b) b. Keep implements sanitize until next use**
  - c) c. Keep implement moist
  - d) d. Control the air quality and temperature in the salon environment
- 13) Dry cuticle and brittle nails are best treated with what?
- a) a. Foam
  - b) b. Basic
  - c) c. Hot oil**
  - d) d. Mini
- 14) Using a much pressure at the base of the nails metal pusher may cause permanent damage to the:
- a) a. Paronychia
  - b) b. Matrix**
  - c) c. Free Edge
  - d) d. Hyponychium
- 15) The shape into which the nail should be file is primarily determined by the:
- a) a. Shape of the finger tips
  - b) b. Length of the nails
  - c) c. Condition of the nails**
  - d) d. Age of the client
- 16) How many bones are there in the palm of the hand?
- a) a. 3
  - b) b. 5**
  - c) c. 8
  - d) d. 12
- 17) When should the finger bowl be filed
- a) a. After seating the client
  - b) b. While setting up the manicure table**
  - c) c. After filing the nail
  - d) d. After pushing back the cuticles



18) When an equipment is unsafe for the use the manicurist should:

- a) a. Replace it immediately**
- b) b. Inform the client
- c) c. Be extra careful when using it
- d) d. Inform coworker

19) A thickening of the nail is called:

- a) a. Hemotoma nail
- b) b. Onychokytosis
- c) c. Onychauxis**
- d) d. Teratology

20) A characteristic of a healthy nail is:

- a) a. Ridgid
- b) b. Flexible**
- c) c. Brittle
- d) d. Peeling

21) Treatment of the nail diseases should be performed by:

- a) a. Manicurist
- b) b. Esthetician
- c) c. Physician**
- d) d. Cosmetologist

22) The technical term for half moon at the base of the nail is called

- a) a. Cuticle
- b) b. Mantle
- c) c. Lunula**
- d) d. Nail grow

23) The skin lesion found in chapter hand is called:

- a) a. Stain
- b) b. Tumor
- c) c. Fissure**
- d) d. Papule



- 24) When should cuticle nippers be sanitized:
- a) a. At the end of each work day
  - b) b. At the beginning of each work day
  - c) c. After each used**
  - d) d. After they begin to show sign of dullness
- 25) The purpose of disinfecting metal implement is to:
- a) a. Prevent breakage
  - b) b. Discourage rusting
  - c) c. Keep instruments lubricated
  - d) d. Prevent growth of harmful bacteria**
- 26) Which of the following procedure will help to keep hand smooth and improve circulation
- a) a. Performing a hands massage**
  - b) b. Washing hands in warm water
  - c) c. Sanitizing hands
  - d) d. Washing hands in spring water
- 27) Which of the following products should be used to stop minor bleeding during manicure
- a) a. Boric acids
  - b) b. Styptic powder**
  - c) c. Acetone
  - d) d. Alcohol
- 28) Discussion between manicurist and client should be limited to:
- a) a. Care of the nail**
  - b) b. Personal advice
  - c) c. Salon gossip
  - d) d. Family matters
- 29) How often should the manicurist hands be sanitized:
- a) a. At the beginning of the day
  - b) b. Before and after lunch
  - c) c. Before making appointment
  - d) d. Before and after each manicure**



- 30) After a manicure a client pays for service and smudges her nails while putting on her coat, the manicurist should:
- a) a. Offer polish to the client so she could repaint her own nails
  - b) b. Tell her manager that the client is clearing upset
  - c) c. Repaint the client nails free of charge**
  - d) d. Repaint the client nails and charge additional fee
- 31) Massage cream maybe applied to the hand at all of the following times except:
- a) a. Before nails are shaped**
  - b) b. After enamel is applied
  - c) c. After cuticle are softened
  - d) d. Before enamel is applied
- 32) Which of the following best describes nail root
- a) a. It rest upon and is attached to the nail bed
  - b) b. It is the end portion of the nail reaching over the finger tip
  - c) c. It is the base of the nail beneath the skin**
  - d) d. It is the skin upon which the nail body rest
- 33) The technical term for biting nails is:
- a) a. Radius
  - b) b. Lunula
  - c) c. Onychophagy**
  - d) d. Metecarpals
- 34) Which of the following steps should be taking in order to loosen the cuticle:
- a) a. Keep the cuticle dry
  - b) b. Keep the cuticle moist**
  - c) c. Moisten cuticle with nail enamel
  - d) d. Buff cuticle with emery board
- 35) Which of the following actions should be taking when applying nail enamel:
- a) a. Use three strokes**
  - b) b. Apply over it with base coat
  - c) c. Leave a light reside of oil
  - d) d. On nail plate apply only one coat of color



36) What implement is used to trim away excess cuticle at the base of nails:

- a) a. Nipper**
- b) b. Cuticle Pusher
- c) c. Finger nail clipper
- d) d. Orange wood stick

37) Blue nails are caused by?

- a) a. Inflamed skin
- b) b. Poor Circulation**
- c) c. Bacteria
- d) d. Dry skin

38) What is sterilization

- a) a. to set on fire
- b) b. to kill and prevent bacteria**
- c) c. to soften the nail
- d) d. to bring client to salon

39) What does MSDS stand for?

- a) a. Many System Destroy Service
- b) b. Mineral Substance Detour Stance
- c) c. Material Safety Data Sheets**
- d) d. More SanitizeDevice Size

40) How long does an adult nail grow within a month?

- a) a. 1/16 inch
- b) b. 1/8 inch**
- c) c. 1 inch
- d) d. 1/2 inch

41) What is a monomer?

- a) a. alcohol
- b) b. acetone
- c) c. liquid**
- d) d. enamel



- 42) Licensee can use all EXCEPT to remove oil from the nail body?
- a) a. primer
  - b) b. enamel**
  - c) c. alcohol
  - d) d. acetone
- 43) How often should a licensee suggest a client to come back for a refill?
- a) a. 2-3 weeks**
  - b) b. 2-3 days
  - c) c. 4-8 weeks
  - d) d. 7 days
- 44) What can you use to remove acrylic nails?
- a) a. alcohol
  - b) b. primer
  - c) c. liquid
  - d) d. acetone**
- 45) What is liquid powder?
- a) a. monomer
  - b) b. polymer**
  - c) c. fiber glass
  - d) d. silk wrap
- 46) What should a manicurist do to prevent acrylic from lifting EXCEPT:
- a) a. use primer
  - b) b. buff nail body
  - c) c. do not apply on cuticle
  - d) d. put oil on nail body before applying**
- 47) What is a tinea?
- a) a. a person name
  - b) b. a vegetable parasite**
  - c) c. a enamel color
  - d) d. a liquid powder





48) What should a licensee do before starting a client?

- a) a. shake the client hands
- b) b. sanitize the client hands**
- c) c. buff client hands
- d) d. file client hands

49) How many bones are there in the fingers?

- a) a. 8
- b) b. 10
- c) c. 12
- d) d. 14**

50) What is the nail body/plate made of?

- a) a. cuticle
- b) b. callus
- c) c. keratin**
- d) d. hang nails