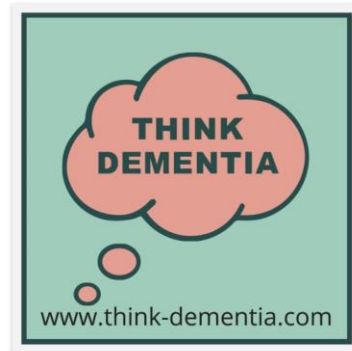


## 2025-2026 **Community** Presentations by Amy House



### Amy House Bio

Amy House, Certified Dementia Practitioner, Licensed Assisted Living Director and Mentor, Owner & Host of the Podcast Think Dementia, Medicare GUIDE Dementia Care Navigator at Tembo Health & Certified Positive Approach to Care Trainer with Teepa Snow. Amy has presented numerous times for Care Providers of MN, MSP Airport and at the MSG, MSSA, NSWA and U of M Conferences. Amy's podcast Think Dementia answers caregiver questions and is in 54 countries and territories and over 900 cities worldwide. She is a founding member of the Roseville Alzheimer's and Dementia Community Action Team, founding member of the Dementia Friendly Airports Working Group and a dedicated Alzheimer's Association Support Group Facilitator with four monthly support groups.

Amy House has been educating the Twin Cities on dementia for over a decade. Trained by Teepa Snow, Amy's presentations are top-notch and utilize the Adult Experiential Learning Cycle to provide what many have said are the best dementia training they have ever attended. These educational, interactive and engaging presentations will keep everyone focused and leave them with something new each time.



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# Think Dementia Basics

## **Think Dementia Basics**

Amy will walk you through how dementia affects the brain, the most common types of dementia and the symptoms that lead to a diagnosis. By the end of this presentation you will have the basic knowledge needed to “think dementia” and understand why people living with dementia do the things they do and how to support them with understanding and empathy.

## **The Healthy Brain**

Learn about ways you can keep your brain healthy as you age according to the Cleveland Clinic Six Pillars of Brain Health.

## **Famous People Who Have Faced a Dementia Diagnosis**

This presentation helps to combat the stigma of dementia and Alzheimer’s by showing that it does not discriminate between the unknown and the famous. You will learn about the history of dementia and Alzheimer’s and how prevalent it has been in years past as well as in our current events.

## Presentations on Dementia Communication and Behavioral Symptoms

### **Communicating with someone living with dementia**

Learn why it is important to adapt your communication as a friend or family member for someone living with dementia at different stages, ways to communicate effectively for conversation, cares and behavioral symptoms to preserve your relationship and ease stressors for both of you.

### **Teepa Snow’s Normal Vs. Not Normal Aging**

Learn what normally changes in our minds as we age and what changes may not be normal and possibly a sign of dementia or other illnesses.

### **Teepa Snow’s Senior Gems**

Dementia affects more than a person's memory- it affects the whole body, how we move, how we see, how we care for ourselves. Learn the stages of Alzheimer's and dementia as Teepa's precious gems and get valuable information that can help you prepare and plan for what is ahead. This presentation is for caregivers, family, friends or professionals, not for the person living with dementia.

## Resources and How to Pay for Care

### **An Explanation of Senior Services for Families**

Learn about how senior care, from home care and therapy to Assisted Living and Memory Care, is paid for. What do you pay out of pocket, what does Medicare cover, what is an Elderly Waiver, how about Veterans? This presentation is a broad overview of different types of care and ways to pay for it.

### **Medicare GUIDE Program with Dementia Basics**

Be aware of brain changes and the basics of a dementia diagnosis. Learn about what a person living with dementia and their caregiver/care partners need for quality of life, aging in place. Understand the Medicare GUIDE program and how it supports someone living with dementia to age in place with Care Navigation to connect to local resources, education, 24/7 support, advanced planning and possible funding for respite