# 2025 Presentations by Amy House



#### Amy House Bio

Amy House, Certified Dementia Practitioner, Licensed Assisted Living Director and Mentor, Owner & Host of the Podcast Think Dementia and a Medicare GUIDE Dementia Care Navigator at Tembo Health, Certified Positive Approach to Care Trainer with Teepa Snow. Amy has been educating the Twin Cities for over a decade in dementia care. Amy has presented numerous times for Care Providers of MN, MSP Airport, National APSE, MSSA, NSWA and at the U of M Public Health Caring for People with Memory Loss Conference. In 2025 she will be at the MGS conference. Amy's podcast answers caregiver questions and is in 40 countries and territories worldwide. She is a founding member of the Roseville Alzheimer's and Dementia Community Action Team, founding member of the Dementia Friendly Airports Working Group and a dedicated Alzheimer's Association Support Group Facilitator.

#### What you can expect with Amy House:

Amy House has been educating the Twin Cities on dementia for over a decade. Trained by Teepa Snow, Amy's presentations are top-notch and utilize the Adult Experiential Learning Cycle to provide what many have said are the best dementia training they have ever attended. These educational, interactive and engaging presentations will keep everyone focused and leave them with something new each time.















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# Presentations on Dementia Communication and Behavioral Symptoms

# Communicating with someone living with dementia

Learn why it is important to adapt your communication as a care partner or caregiver for someone living with dementia at different stages, ways to communicate effectively for conversation, cares and behavioral symptoms to preserve your relationship and ease stressors for both of you.

# Working through behavioral symptoms with dementia

This presentation will help you to prevent behavioral symptoms for your loved one or patient with dementia, identify triggers or communications that make things worse and be able to confidently communicate and use non-medical interventions when behavioral symptoms occur.

# Teepa Snow Positive Approach to Care Presentations and Trainings

### **Normal Vs. Not Normal Aging**

Learn what normally changes in our minds as we age and what changes may not be normal and possibly a sign of dementia or other illnesses.

### **Teepa Snow's Senior Gems**

Dementia affects more than a person's memory- it affects the whole body, how we move, how we see, how we care for ourselves. Learn the stages of Alzheimer's and dementia as Teepa's precious gems and get valuable information that can help you prepare and plan for what is ahead. This presentation is for caregivers, family, friends or professionals, not for the person living with dementia.

# **Hand Under Hand Caregiver Skills Training**

Learn how to support someone in the late stages of dementia with the hand under hand technique for eating, drinking and personal cares to promote muscle memory. For the

person in the end stages, it promotes a partnership during cares instead of having something done "to you" it's "with you". This presentation is for caregivers, family, friends or professionals, not for the person living with dementia.

# Presentations about Medicare Benefits for Dementia Patients for Social Workers, Parishes, IL Communities and More

# **Medicare GUIDE program**

Learn about how people living with dementia related diseases like Alzheimer's, Vascular, Lewy Body and FTD can get a team to support them. What does a person with dementia need? What does the care partner/family need? Medicare's new Guiding an Improved Dementia Experience program is a free benefit that provides education, guidance, 24/7 assistance and financial benefits for respite. Finally, a program that supports the whole family!

# **Medicare GUIDE Program with Dementia Basics**

Be aware of brain changes and the basics of a dementia diagnosis. Learn about what a person living with dementia and their caregiver/care partners need for quality of life, aging in place. Understand the Medicare GUIDE program and how it supports someone living with dementia to age in place with Care Navigation to connect to local resources, education, 24/7 physician support, advanced planning and possible funding for respite

# Assisted Living Memory Care Presentations for Families, Professionals and Frontline Staff

# **Working Together with Your Memory Care Staff-for Families**

Learn what to expect from a Memory Care, how your role as a caregiver can change and how to bring forth concerns that may be from small preferences to large concerns. Amy's experience as a Memory Care Director and as a support group facilitator for the Alzheimer's Association has inspired this presentation that helps facilities and families work together.

# **Working Together with Your Memory Care Families- for Professionals**

Learn what families should expect from a Memory Care, how to coach families as their role as a caregiver change and how to manage expectations and build trust when there are concerns from the family. Amy's experience as a Memory Care Director working with concerned families and as a support group facilitator for the Alzheimer's Association has inspired this presentation that helps facilities and families work together.

# **Building a Relationship with Your Memory Care Families- for Frontline Staff**

This is an interactive training for your frontline staff on customer service and understanding how important their relationship with the family is to a successful Memory Care. They will learn the Do's and Don'ts of effective communication with families to build trust

# **An Explanation of Senior Services**

Learn about how senior care from home care and therapy to Assisted Living and Memory Care is paid for. What do you pay out of pocket, what does Medicare cover, what is an Elderly Waiver? This presentation is a broad overview of different types of care and ways to pay for it.

# Working Through Behavioral Symptoms with Dementia- for Frontline Staff

This presentation will help you to prevent behavioral symptoms for your residents with dementia, identify triggers or communications that make things worse and be able to confidently communicate and use non-medical interventions when behavioral symptoms occur \*\*contact for rates

# The Price Is Right Assisted Living Addition

Provide the education for your frontline staff on the safekeeping of resident possessions 144G required training in a super fun and engaging 30 minute game that will get everyone excited when they hear their name to "come on down!"

# Presentations about Traveling with Dementia

# From Day Trips to Air Travel- Traveling Well with Dementia

Learn tips for traveling locally on a day trip or abroad and the changes happening in the travel industry to support people living with dementia and their care partners.

### **Dementia Basics for Air Travel Industry Workers**

Learn how dementia symptoms can manifest in an airport setting, communication tips for assisting passengers and resources available.

# **Additional Topics**

# **The Power of Support Groups**

Learn the benefits of joining a support group, the connections you can make, specialized support groups out there and how it can reduce the risk of caregiver burnout.

# The Healthy Brain

Learn about ways you can keep your brain healthy as you age according to the Cleveland Clinic Six Pillars of Brain Health.

# Famous People Who Have Faced a Dementia Diagnosis

This presentation helps to combat the stigma of dementia and Alzheimer's by showing that it does not discriminate between and unknown and the famous. You will learn about the history of dementia and Alzheimer's and how prevalent it has been in years past as well as in our current events.

# **End of Life and Hospice**

Learn about how the progression of dementia, a fatal disease, looks and what happens to the brain and the entire body. Learn about the benefits of enrolling in hospice months before death instead of just days or weeks. Understand how someone qualifies and when it is time to consider hospice.

# **Everything Incontinence**

Amy shares what happens in early, middle and late-stage dementia with incontinence that includes over 25 years of tips, tricks and which products will save you time and frustration. Stop doing so much laundry and learn how to support your loved one.