

## Verifying Insurance Benefits/Coverage



1. Call the toll-free number on the back of your insurance card
2. Ask for “outpatient mental health benefits” or “behavioral health benefits”
3. Ask the following questions:
  - a. Are virtual visits or telehealth visits covered benefits under my policy?
  - b. Do virtual visits or in-person visits require any kind of authorization?
    - i. If so, how is authorization obtained?
  - c. Is there a maximum number of sessions I can have per year?
  - d. Is my provider in-network?

### **Your provider's information:**

**Caitlin Yanakeff**

**NPI Type 1:** 1316294374

**NPI Type 2:** 1639817752

**Tax ID:** 862558670

**Physical Practice Address:** 915 Airport Rd. Jackson, MI 49202

### **Deductible:**

In-Network: \_\_\_\_\_

Out-of-Network: \_\_\_\_\_

Amount Met: \_\_\_\_\_

Amount Met: \_\_\_\_\_

### **Co-Pay:**

In-Network: \_\_\_\_\_

Out-of-Network: \_\_\_\_\_