



Syllabus

Prayer Chaplain Trainer's Course

Course Overview

This is a five-week online course with required weekly live virtual Zoom sessions facilitated by our Light & Love Trainers. At the completion of the course, you will receive a certificate and a Prayer Chaplain Program Manual and Prayer Chaplain Program Trainer's Guide (by mail). After completing this course you will be a trained Light & Love Ministries Prayer Chaplain and certified Prayer Chaplain Trainer licensed to teach and manage the Prayer Chaplain Program at your ministry.

Course Instructor

TBD

Telephone

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Course Description

This 5-week online course with weekly virtual Zoom sessions is designed to teach specific skills and core competencies and provides unique spiritual and professional development. It gives you everything you need to start a Prayer Chaplain Program or lead an existing program in your ministry.

Learning Objectives

By the end of the course, learners will be able to:

- Train Prayer Chaplains
- Lead and Manage a Prayer Chaplain Program

Required Text/Readings

- Prayer Chaplain Program Training Manual
- Prayer Chaplain Program Trainer's Guide

Recommended Readings/Handouts

- Come Apart Awhile Prayer Handbook

Live Class Sessions (all live sessions are on Saturdays from 8:00 – 9:30 am Arizona):

July 6 – August 8, 2020 Course

1. 7/11
2. 7/18
3. 7/25
4. 8/1
5. 8/8

August 10 – September 12, 2020 Course

1. 8/15
2. 8/22
3. 8/29
4. 9/5
5. 9/12

September 14 – October 17, 2020 Course

1. 9/19
2. 9/26
3. 10/3
4. 10/10
5. 10/17

October 19 – November 21, 2020 Course

1. 10/24
2. 10/31
3. 11/7
4. 11/14
5. 11/21

Academic Performance: Progress Evaluation (if taking the course for SEE or CEU Credit or to receive certification to train by Light & Love)

- **S: Satisfactory** = Full Participation and Completion of Required Assignments (regular communication about delays in work or attendance at live sessions)
- **NC: No Credit** = Lack of Good Faith Participation and No Communication

Course Procedures

You are expected to read the overall Syllabus and all materials listed under the Required & Recommended Readings, Assignments, and the Module Assignment areas for each week. Complete all assignments by the specified due date. We will be releasing Modules at the beginning of each week as "jumping ahead" will not provide the best learning experience for you. It is important that you complete all the required assignments prior to the Saturday live session.

Preferred Methods for Delivering Assignments

All assignments are due by the last day of the week for which they are assigned and should be submitted via the submission link and named according to the module in which they are assigned.

Submitting Course Posts to the Weekly Discussion Areas

Be sure that you post to the correct Discussion area each week, if applicable. Do not e-mail posts to the instructor, answer them within the Discussion Board. For all initial Discussion posts, make sure that the discussion question(s) are answered fully and that your responses to other learners' posts are substantive. We ask that you answer each posted question and comment on the posts of at least two learners.

Other Requirements for Completing the Course

Since Light & Love Ministries will be "Certifying" you as a Prayer Chaplain Program Trainer, it is important that you work your way through the course at the pace we've set, attend all of the live sessions, and return all required assignments. However, we recognize that life happens. Please communicate with the instructor if you are falling behind in the course, anticipate not finishing at the end of 5 weeks, or need to miss any of the live sessions. Within reason, we will work with you to accommodate you successfully completing the course.

Modules Outline

We have provided a Modules Outline for this new online course. Final module outline may change slightly when course is published.

Modules Outline

Module 1: Introduction and Sacred Circle

Module dates (depending on what course you sign-up for): *July 6 – July 12; August 10 – August 16; September 14 – September 20; October 19 – October 25*

Module Learning Objectives

By the end of this module learners will:

- Understand and experience what it means to “hold spiritual space.”
- Have participated in a sacred circle.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and how to lead them through the sacred circle experience.

Module 1: Learning Assignments	Completed/Due By
Required Reading(s) <ul style="list-style-type: none">• Introduction Section – Prayer Chaplain Manual (PCM)• Introduction Section – Trainer’s Guide (TG)• Holding Spiritual Space Section - PCM• Holding Spiritual Space Trainer’s Notes – TG• License Agreement for PCM• License Agreement for TG• Collaborative Training	Friday
Video(s) <ul style="list-style-type: none">• Mindfulness• The Power of Mindfulness	Sunday
Supplemental Reading(s)/Handout(s) <ul style="list-style-type: none">• Holding Space: The Art of Being Present with Others• Steps to Take in “Holding Spiritual Space”• Lessons in Truth Quotes	Sunday

Module 1: Required Assignments	Completed/Due By
<p>Zoom Live Session</p> <ul style="list-style-type: none"> • Introduction and Holding Spiritual Space Overview • Sacred Circle 	<p>Saturday (dates depending on course dates)</p> <p>8:00 – 9:30 am AZ</p>
<p>Submitted Assignments</p> <ul style="list-style-type: none"> • Complete, sign, and submit PCM and TG License Agreements • Complete, sign and submit Prayer Chaplain Trainer Code of Ethic Agreement 	<p>Friday</p>
<p>Discussion Question(s) – Answer each question and comment on posts of at least two other learners.</p> <ul style="list-style-type: none"> • Can you recall a time in your life when you were fully present in the moment and how did it feel? • What does holding spiritual space mean to you? • What thoughts do you have about the importance of being present and mindful in your service as a Prayer Chaplain and Prayer Chaplain Trainer? 	<p>Friday</p>

Modules Outline

Module 2: Listening, Confidentiality, and Warning Signals

Module dates (depending on what course you sign-up for): *July 13 – July 19; August 17 – August 23; September 21 – September 27; October 26 – November 1*

Module Learning Objectives

By the end of this module learners will:

- Understand the difference between empathic listening and default listening.
- Understand, appreciate, and practice silent prayer.
- Embrace the importance of confidentiality to the integrity of a Prayer Chaplain Program.
- Recognize warning signals and why this is the only exception to confidentiality.
- Know how to support your Prayer Chaplains through the creation of a Procedure Plan and Resource List.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains.

Module 2: Learning Assignments	Completed/Due By
Required Reading(s) <ul style="list-style-type: none">• Listening Section- PCM• Listening Section - TG• Confidentiality - PCM• Confidentiality – TG• Warning Signals – PCM• Warning Signals – TG• Confidentiality Agreement (pdf)	Friday
Video(s) <ul style="list-style-type: none">• Confidentiality Matters• JD Schramm: Break the Silence for Suicide Survivors	Sunday
Supplemental Reading(s)/Handout(s) <ul style="list-style-type: none">• Listening 101• Top Ten Powerful Listening Practices• C is for Communication• Three Levels of Listening	Sunday

Module 2: Required Assignments	Completed/Due By
<p>Zoom Live Session</p> <ul style="list-style-type: none"> • Iceberg and Generous/Default Listening • Learnings from Listening Quiz • Overview/Discussion on confidentiality and exceptions “Need to know” • Warning Signals/Procedure Plan and Resource List • Silent Prayer Partnership 	<p>Saturday (dates depending on course dates)</p> <p>8:00 – 9:30 am AZ</p>
<p>The following assignments are required but will not be submitted:</p> <ul style="list-style-type: none"> • Complete listening exercises on pages 2 and 4 in Listening Section PCM. • Complete Listening Quiz and be prepared to discuss results during Zoom session. • Complete confidentiality exercises on pages 2 and 3 in Confidentiality Section of PCM <p>Submitted Assignments</p> <ul style="list-style-type: none"> • Complete, sign, and submit Confidentiality Agreement on page 4 in Confidentiality Section – PCM 	<p>Friday</p> <p>Friday</p>
<p>Discussion Question(s) – Answer each question and comment on posts of at least two other learners.</p> <ul style="list-style-type: none"> • What gets in the way of listening from your heart? • In what area of your life would you like to practice more empathic listening and why? • Why does confidentiality matter to the integrity of the PC program? 	<p>Friday</p>

Modules Outline

Module 3: Prayer

Module dates (depending on what course you sign-up for): *July 20 – July 26; August 24 – August 30; September 28 – October 4; November 2 – November 8*

Module Learning Objectives

By the end of this module learners will:

- Be deeply anchored in your own understanding and practice of prayer, your concept of God, and how your prayer practice evolves as you evolve.
- Understand the Unity affirmative prayer approach.
- Experience requesting prayer and being prayed with by Silent Unity.
- Be comfortable praying with others through prayer partnership opportunities.
- Have a framework for how to teach the prayer section of the curriculum to your Prayer Chaplains and lead prayer partnerships during your PC training.

Module 3: Learning Assignments	Completed/Due By
Required Reading(s) <ul style="list-style-type: none">• Prayer Section- PCM• Prayer Section - TG• Prayer Exploration Workbook pdf• When We Pray Who Is It To? By Thomas Shepherd• <u>Exploring your Prayer Life chapter from <i>Come Part Awhile Prayer Handbook</i></u>	Friday
Video(s) <ul style="list-style-type: none">• Silent Unity: 24/7 Prayer Support• Silent Unity: 120 years of Affirmative Prayer• Silent Unity Prayer Service: July 2020	Sunday
Supplemental Reading(s)/Handout(s) <ul style="list-style-type: none">• What is Affirmative Prayer?• Prayer for Protection Brings Hope	Sunday

Module 3: Required Assignments	Completed/Due By
<p>Zoom Live Session</p> <ul style="list-style-type: none"> • Prayer Always Video • Discussion of Prayer Practice Discovery Workbook • Prayer Process and practice Using Come Apart Sections with Prayer Partnering 	<p>Saturday (dates depending on course dates)</p> <p>8:00 – 9:30 am AZ</p>
<p>The following assignments are required but will not be submitted:</p> <ul style="list-style-type: none"> • Call Silent Unity for Prayer at 1-816-969-2000 • Complete Prayer Exploration Workbook 	<p>Friday</p>
<p>Discussion Question(s) – Answer each question and comment on posts of at least two other learners.</p> <ul style="list-style-type: none"> • How has your concept of God evolved or changed over time? • What is your most valuable take-away from completing the Prayer Handbook? 	<p>Friday</p>

Modules Outline

Module 4: Human Conditions, Change & Grief

Module dates (depending on what course you sign-up for): *July 27 – August 2, August 31 – September 6, October 5 – October 11, November 9 – November 15*

Module Learning Objectives

By the end of this module learners will:

- Understand the concept of desensitization and experience it through prayer practice.
- Have a deeper appreciation for the nature of change and grief for yourself and in your role as a Prayer Chaplain and Prayer Chaplain Trainer.
- Gain more confidence praying with others through prayer partnership opportunities.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and be a support to them as they experience transformation.

Module 4: Learning Assignments	Completed/Due By
<p>Required Reading(s)</p> <ul style="list-style-type: none"> • Human Conditions Section – PCM • Human Conditions Section – TG • Change and Grief Section – PCM • Change and Grief Section – TG 	Friday
<p>Video(s)</p> <ul style="list-style-type: none"> • Living with grief: A conversation between men • The Five Stages of Grief and Loss • Pastoral Care Program at Phoenix Children’s Hospital • Paradigms by Franklin Covey • This Prayer’s for You 	Sunday
<p>Supplemental Reading(s)/Handout(s)</p> <ul style="list-style-type: none"> • The Truth About Loss and Grief • Change is Loss and Loss Requires Grief • Dial 211 for Essential Community Services • The Truth About Pain 	Sunday

Module 4: Required Assignments	Completed/Due By
<p>Zoom Live Session</p> <ul style="list-style-type: none"> • Chemicalization and Transformation • Prayer Practice • Discussion about Change and Grief 	<p>Saturday (dates depending on course dates)</p> <p>8:00 – 9:30 am AZ</p>
<p>The following assignments are required but will not be submitted:</p> <ul style="list-style-type: none"> • Complete exercises on pages 3, 7, and 12 of the Grief Section in the PCM 	<p>Friday</p>
<p>Discussion Question(s) – Answer each question and comment on posts of at least two other learners.</p> <ul style="list-style-type: none"> • How does thinking about grief in relationship to changes and cumulative changes have relevance for you? • Why is it important for Prayer Chaplains to learn about desensitization? • Why does having a resource list and procedure plan create a safety net for your Prayer Chaplains? 	<p>Friday</p>

Modules Outline

Module 5: Prayer Chaplain Experience and Prayer Chaplain Support

Module dates (depending on what course you sign-up for): *August 3 – August 9; September 7 – September 13; October 12 – October 18; November 16 – November 22*

Module Learning Objectives

By the end of this module learners will:

- Have a comprehensive understanding of the Prayer Chaplain Experience including Wellness Calling, Visitations, Ongoing Training, Commitment, and Passages.
- Learn best practices for supporting your Prayer Chaplains and being their cheerleader as they ready themselves to be of sacred service to those in your spiritual community.
- Be confident in praying with others through prayer partnership opportunities.
- Have a framework for how to teach these sections of the curriculum to your Prayer Chaplains and be a support to them as they experience transformation.
- Understand how to guide your Prayer Chaplains' experience during and after COVID-19.

Module 5: Learning Assignments	Completed/Due By
Required Reading(s) <ul style="list-style-type: none">• Prayer Chaplain Experience – All Sections – PCM• Prayer Chaplain Experience – All Sections – TG• Prayer Chaplain Support – All Sections – PCM• Prayer Chaplain Support – All Sections TG• Wellness Calling Recorded Webinar• New Wellness Calling Procedures for PCM and TG• Prayer Chaplain Experience During and After COVID-19	Friday
Video(s) <ul style="list-style-type: none">• How Not to Do A Pastoral Care Visit• Simon Sinek - Empathy	Sunday
Supplemental Reading(s)/Handout(s) <ul style="list-style-type: none">• Feeling Reconnected	Sunday

Module 5: Required Assignments	Completed/Due By
<p>Zoom Live Session</p> <ul style="list-style-type: none"> • Re-Cap and Q&A from Module 5 Curriculum • On-Going Training • Setting Up Your Program – Sneak Peak • Highlights & Learnings • Intentions 	<p>Saturday (dates depending on course dates)</p> <p>8:00 – 9:30 am AZ</p>
<p>The following assignments are required but will not be submitted:</p> <ul style="list-style-type: none"> • Complete the exercises on pages 3 and 5 in the Self-Care Review Section of the PCM. 	<p>Friday</p>
<p>Discussion Question(s) – Answer each question and comment on posts of at least two other learners.</p> <ul style="list-style-type: none"> • Do you have any stuck places around Wellness Calling? If yes, please explain and if no, what feels good to you about it? • What types of ongoing learning do you currently participate in and do you see this having relevance for you as a PC Trainer? • Do you have a supportive space – at home, in nature, etc? Where is yours? 	<p>Friday</p>

If you have any questions, please contact Light & Love Ministries at 602-843-8360 or contact us by email at royce@lightandloveministries.org.