

# Giles Foreman Centre for Acting PARIS

Giles Foreman  
Centre for Acting



GFCFA PARIS

**'USA IN PARIS' 21 JULY - 1 AUGUST 2025 10.30-6pm**

**2-WEEK ADVANCED SUMMER ACTING PROGRAMME !**

**We can't wait to greet you at our NEW GFCFA Location in Paris - In our own bright, modern Studio centre in the 10th arrondissement!**

**This special 10-day advanced workshop includes top-level intensive coaching in acting, movement, voice & text, and more - with core coaches including Giles Foreman, Janice Orlandi, Lindsay Richardson, Theo von Bomhard and others.**

This is an opportunity to build technique with top European acting specialists, while experiencing two weeks in one of the most beautiful and romantic cities in the world.

Work on scenes by great French playwrights - from Molière to Racine, Genet to Yasmina Reza; French movies - from Jean Luc Goddard and Francois Truffaut to Jacques Audiard: and TV series - Emily in Paris, Lupin, Marie Antoinette, The Count of Monte Cristo and Call My Agent.

We are based close by Canal St. Martin, opposite a university campus - and we are a 5 minute walk from Metro 7/7b Louis Blanc and various bus routes. The area is bright and airy, with a wide range of shops, reasonably-priced cafes and bars nearby.

We can suggest accommodation options within 10-15 minutes walk of our studio, since that will be your base for much of the time. We are only 10 minutes walk from Gare du Nord - home of Eurostar and direct trains to CDGaulle airport - and there are plenty of other travel options close to us.

You will also have plenty of time to see the sights of Paris - there are many options, and many are within walking distance of each other. We recommend a visit to the Marais district, and a stroll along by the river; we are happy to suggest more events during your visit.

## **MORE DETAILS:**

- **10 DAYS OF COACHING**, in 2 blocks of 5 days 10h30-18h
- **UP TO 4 DAYS FOR SIGHT-SEEING** - Individually, & option for a half-day **ORGANISED VISIT** to Versailles
- Work with **TOP COACHES**
- Intensive **ACTOR TRAINING**
- **VOICE Technique**, & **MOVEMENT** for Actors
- **MICHAEL CHEKHOV Technique**
- Uta Hagen, Stella Adler, Lee Strasberg **ACTING EXERCISES**
- Contemporary and Classical **SCENE STUDY**

**REGISTER :** [info@gilesforeman.com](mailto:info@gilesforeman.com)



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**Giles Foreman initially trained as an actor at London's renowned Drama Centre, studying under Christopher Fettes, Yat Malmgren, and Reuven Adiv. Following graduation in 1991 Giles worked as an actor in theatrical productions in Britain. In 1996, Christopher Fettes asked that he substitute for Reuven Adiv, who needed to take leave to care for family, by teaching students and directing them in *An Inspector Calls*. This was a success, and under the guidance of Reuven, Christopher, and Yat, Giles periodically taught and directed at the Drama Centre between acting jobs.**

In 1999 Giles began teaching acting at the Method Studio in London (formerly London's Strasberg Institute). Surprised by the quality of students there, many of whom had not had opportunities with agents and casting directors, Giles created advanced classes for them, and a theatre company, Caravanserai Productions, in order to showcase their work - both of which were successful. The Method Studio, however, was not

eager to develop this program further, and in 2008, Giles established his own acting studio, The Caravanserai, in the Notting Hill area of London.

In 2012, the studio moved to a larger space in Central London and changed its name to the Giles Foreman Centre for Acting ("GFC"), offering full time acting courses as well as part time classes and workshops. In 2015, Giles opened a sister acting studio in France, the Giles Foreman Centre for Acting Paris.

In 2002 while Giles was teaching at the Method Studio, through Philippa Ebene, former head of Berlin's Werkstatt Der Kulturen, he began coaching actors outside of the UK. This led to him becoming one of Europe's most active coaches working on an array of successful German, French, Swiss, and Austrian film productions alongside his native UK work. The success of his coaching allowed Giles to bring his teachers Reuven Adiv and Christopher Fettes with him to give workshops all over the world. This, in turn, allowed Giles to develop his understanding of the work of Yat Malmgren in much greater depth and to evolve new ways of teaching it. Giles and the GFC are now the premier resource for the much sought after



Character Analysis method developed by Yat Malmgren and Christopher Fettes. Larry Moss, America's legendary acting coach, described the work as 'the missing link' and for many years regularly attended Giles's popular US workshops. It is the work that is championed by Anthony Hopkins, Colin Firth, Tom Hardy, Gwendoline Christie, Helen McCrory, Michael Fassbender, Paul Bettany, Alexander Dreyman, among many many others.

Notable students and clients of Giles include Ella Rumpf (winner of the 2024 César, the French Academy Award, as Female Newcomer of the year for *Marguerite's Theorem*, and star of *Freud*), Samuel Arnold (*Emily in Paris*), Nina Hoss (*Tár*, Showtime's *Homeland*), Daniel Sharman (AMC's *Fear the Walking Dead* and Netflix's *Medici*), Imogen Waterhouse (Apple TV+ *The Buccaneers*), Michelle Ryan (NBC's *The Bionic Woman*), Gwendoline Christie (HBO's *Game of Thrones*, *Wednesday*), Rafferty Law (*Masters of the Air*). Lucas Gage (*White Lotus*), Ben Whishaw (*Lilting*)

In 2018, with Janice Orlandi, an esteemed acting teacher from New York, he established the Giles Foreman Centre for Acting New York ("GFCANY"), and has since led many acting workshops in New York and Los Angeles. He has taught additional acting workshops by Giles in Egypt, Luxembourg, Italy, Spain, Greece, Israel, Denmark, India, Thailand, Australia, Indonesia.



In addition to his teaching work, Giles has been an acting coach for many television series and films, including *La Femme et Le TGV* (short film nominated for a US Academy Award in 2017, and winner of the Swiss Academy Award for Best Short Film 2017) which he also produced and cast the leading actress - Jane Birkin, *4 Blocks* (Turner Network Television), *Freud* (Netflix), *Killing Eve* (BBC), *The Empress* (Netflix, winner of the 2023 International Emmy Award for Best Drama Series), *Cleo* (Netflix), *The Girl Before* (BBC), *Tár* (Focus Features), and *Crooks* (Netflix). (see filmography on IMDb).



In 2023, Giles was selected to be a member of the jury for the prestigious Cairo International Festival for Experimental Theatre, one of the oldest and most renowned theater festivals in the Arab world. That same year, Giles received a special Swiss Academy Award from the Federal Office of Culture in Switzerland for his remarkable achievements as an acting coach for the film *Une Histoire Provisoire*, and for his contributions "with expertise, imagination and sensitivity to over 30 features and 5 television series all across Switzerland."

As of 2025, Giles continues to be active teaching at the GFC and coaching on upcoming film and television projects. He is currently writing a book about the work of Laban/Malmgren and the innovations of this technique that has made his acting centres renowned around the world.



**JANICE ORLANDI is a movement Character and Style Specialist: Artistic Director and Director of Education at Actors Movement Studio Conservatory NYC. Actors Chekhov Studio Philadelphia and Manhattan She is a Movement and Period Style specialist,**

**A certified teacher and teacher trainer of Williamson Physical Technique for Actors, including period/styles, character and period dance. She is also a certified teacher of Michael Chekhov Technique, Personally trained with Mala Powers Executrix of the Michael Chekhov estate, also studied Michael Chekhov Technique with Joanna Merlin, Jack Colvin, who studied with Mr Chekhov directly and Lisa Dalton, Scott Fielding, Leonard Petit and Ted Pugh who trained with Beatrice Strait . Also trained in Viewpoints and Composition with Anne Bogart, Tina Landau and SIT Company. Trained in Rasaboxes with founder Richard Schechner NYU Performance Studies.**

She has taught Michael Chekhov Technique, Movement for Actors, Viewpoints, Composition and Period Styles, for over eighteen years in educational institutions in the United States and Europe, including, The University of the Arts, Philadelphia, Mason Gross School of the Arts; Rutgers State University; Williamstown Theatre Festival; de Lindenberg Centrum voor de Kunsten, Netherlands; State Theatre School in Odense, Denmark, and Ophelia Theatre School in Copenhagen; New York State Summer School of the Arts (NYSSSA), the NY Conservatory for Dramatic Arts and School for Film and Television NYC. She has been a choreographer, movement and style coach for Mirror Repertory Company, Princeton Repertory Shakespeare Festival, Sonnet Rep, Players Theater, Act One, Williamstown WTF.. She is the founder of the AMC Sumner Theater Institute for physical theater training, Teen Shakespeare Conservatory and Teen Shakespeare Summer Intensive. She recently worked with Mercedes Ruehl as movement coach for her portrayal of Frida Kahlo in the Bay Street Theatre production of *Viva La Vida!* Former students: Tom Pelphrey, Guiding Light, Emmy Award winner 2006; and Micah Alberti, *All My Children*, *Guiding Light* and *Wildfire*, Fox Five.



Movement and Style coach for University of the Arts productions of *Little Women* and *Bat Boy*. Directing includes: *Lysistrata*, *The International Lysistrata Project*, *The Three Sisters*, *A Grand Ball In the Belle Epoch* the Garment District Theater, *The Legacy*, Dave Gold Show, Manhattan Cable, *Dolores* , Apprentice Company Williamstown Theater Festival, An adaptation of Chekhov's Vaudeville (*The Brute*), *VODKA TANGO*, and an adaptation of Chekhov's (*Uncle Vanya*); *UNCLE VANYA'S DREAM*, Expanded Arts NYC.

Founding Member Echo Repertory Company, produced and adapted new plays including: " *The Lost Art of Letters* " and "*The Triangle Factory Fire Project*" (A tribute to the women who died and survived the Triangle Factory Fire of 1911). A member of Expanded Arts Theater Company, Shakespeare in the Parking Lot, New York and Artistic Director the New Vaudeville Theater in the Garment District and the Fashion District Arts Festival NYC. **(AEA) & (SAG)** Member National Association of Movement Educators.



**LINDSAY RICHARDSON - VOICE, TEXT, SINGING-VOICE, SCENE-WORK (Deputy Director, GFCa)** is a professional singer and actor, who trained classically at Trinity College of Music, London and in musical theatre and acting. She has performed as a soloist at many of Britain's major venues and festivals, recorded both on CD and DVD, toured and performed across Europe. Radio broadcasts include Radio 3's In Tune, Danish Radio, and Radio 4's Woman's Hour. She has directed operas; and devised, coached and staged live stage productions. She provides individual vocal coaching for presenters, singers and actors, also those in public life.

Lindsay coordinates the work of the GFCa London and GFCa Paris centres; in London; she coaches, directs, and teaches singing voice privately, and for the GFCa Advanced Programme; she coaches and directs film-scenes for Pro-Intensive actor-courses; coaches and directs Classical scenes and film-scenes for the 1-year diploma at GFCa Paris. Her theatre directing projects include *Fear and Misery of the Third Reich*; and plays devised for and with Advanced actors: including *The Ascent of Woman*, *Refugee*, *Exist Other Wise*, *Hero's Journey*; & *Les Liens Qui Unissent* (combined project for GFCa London & Paris)

Lindsay designed the groundbreaking book on Character Analysis - A PEOPLED LABYRINTH - for and with the author, Christopher Fettes, & with Giles Foreman for GFCa Publishing.



**THEO VON BOMHARD - actor, acting coach, course leader GFCa Paris 1-year Diploma:** Theo received his acting training at Cours Florent in Paris, and since 2011 has also studied Method Acting with Jack Waltzer (lifelong member of the Actors Studio) in Paris, London and Los Angeles.

Over the past five years he has also graduated from Drama Studio London, taught Acting in English at Cours Florent and, while doing so, obtained a Postgraduate Certificate in Performance Teaching from the Guildhall School of Music and Drama, as well as a Certificate for Teaching in Higher Education from Harvard University.



• **We can recommend further individual experiences during your visit; options include:**

- **Versailles Palace** ancient home of the courts of King Louis 14th-16th, and filming location for many costume dramas! [half-day trip, including guided tour]
- **Conciergerie & Sainte Chapelle** - paris-conciergerie.fr [sainte-chapelle.fr](http://sainte-chapelle.fr) 75001
- **The Louvre** - major art gallery, home of the Mona Lisa [louvre.fr](http://louvre.fr) 75001
- **Musee D'Orsay** - art gallery (also has a beautiful dining room and cafe) [musee-orsay.fr](http://musee-orsay.fr) 75007
- **Eiffel Tower** [toureiffel.paris/fr](http://toureiffel.paris/fr) 75007 Visible day & night from many parts of Paris!
- **Grand Palais** - art gallery and civic centre for state visits [grandpalais.fr](http://grandpalais.fr) 75008
- **Walking tour of EMILY IN PARIS locations** [various]
- **FREE VENUES well worth visiting :**
- **Le Petit Palais** - art gallery (also has a pretty courtyard cafe) [petitpalais.paris.fr](http://petitpalais.paris.fr) 75008
- **Musee Carnavalet** - in the Marais, 3rd arrondissement [carnavalet.paris.fr](http://carnavalet.paris.fr) 75003
- **Notre Dame** - Cathedral [notredamedeparis.fr](http://notredamedeparis.fr) Isle de la Cité 75004
- **Paris-plages** - walk along by the right bank of the River Seine, to enjoy 'beach' activities
- **Memorial Museum** of the Jewish deportations - [cheminsdememoire.gouv.fr](http://cheminsdememoire.gouv.fr) 75004
- **Shoah Memorial** - [memorialdelashoah.org](http://memorialdelashoah.org) 75004





Our GFCAParis studio is just a 5-minute walk from Metro Louis Blanc: lines 7 & 7B - and buses 46 & 54.

We are within a 10-minute walk from Gare du Nord & Gare de L'Est - the major transport hubs for the airport Charles de Gaulle; and Eurostar / long-distance train services.



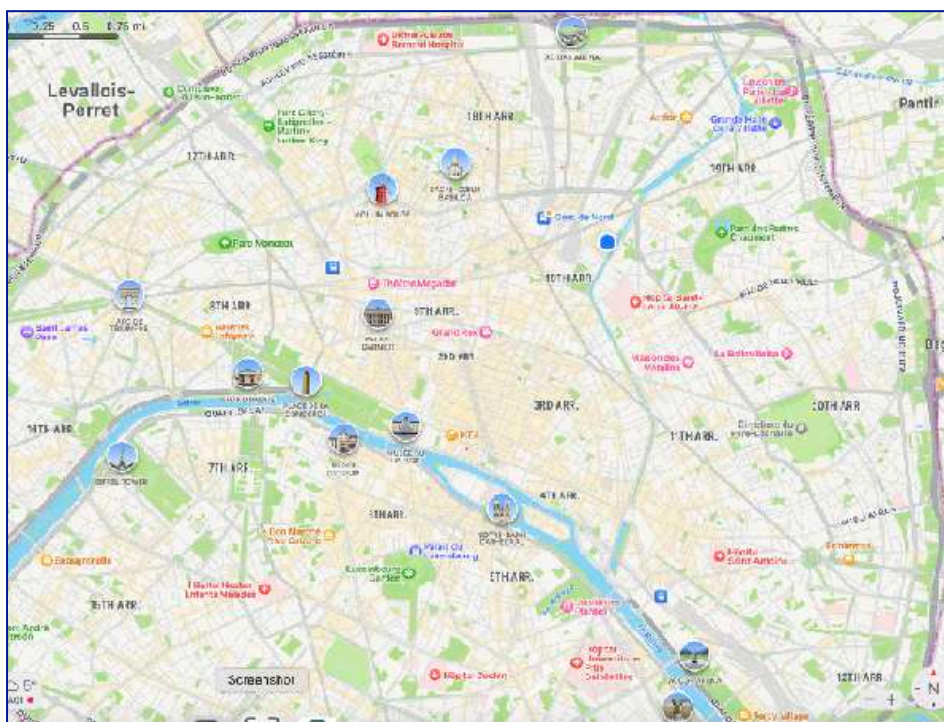
**TUITION FEE:** \$1,200 (€1,200) payable by bank transfer

**REGISTER :** [info@gfcaparis.com](mailto:info@gfcaparis.com)

There are various ways to make payment.

**25% deposit** secures your place: this is non-refundable. We ask for the balance of the fee 3 weeks before the commencement of the course.

**Travel, accommodation, sightseeing fees are not included in the course fee.** Please ask for guideline figures for accommodation, subsistence and local travel etc. Living costs will vary according to your individual preferences. We can suggest appropriate accommodation providers, as we have many links.



**We will ask you to complete our online registration form once you're ready to enrol, as it will help us to update you about your visit.**

**For further information, and for specific questions, please contact us! [info@gfcaparis.com](mailto:info@gfcaparis.com)**

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