

# Smart Dating Questionnaire

## Values & Lifestyle

- What are your top 3 core values in life?
- Are you more of a morning person or a night owl?
- How do you usually spend your weekends?
- What does 'balance' look like for you-work, relationships, personal time?

## Communication & Conflict

- How do you usually handle conflict in a relationship?
- Do you prefer talking things out right away or taking space to process?
- Whats your love language (words, time, gifts, acts, touch)?
- How do you show appreciation in a relationship?

## Relationship Intentions

- Are you looking for something casual or long-term?
- What does a healthy relationship look like to you?
- Have you ever been in love? What did it teach you?
- How do you know when you're ready to commit?

## Personal Growth & Interests

- What's something you're currently working on improving in yourself?
- Do you enjoy trying new things or prefer routines?
- What's your dream trip or bucket list destination?
- Whats something you're passionate about that most people wouldnt guess?

## Daily Habits & Compatibility

- Are you more spontaneous or a planner?
- How do you handle finances-spender, saver, or somewhere in between?

- Do you prefer staying in or going out on a Friday night?
- Do you drink, smoke, or do any recreational substances?

## **Family & Friends**

- What's your relationship like with your family?
- Do you believe friendships should play a big role in a relationship?
- How do you feel about kids or parenting (if applicable)?

## **Red & Green Flags**

- Whats a non-negotiable for you in a partner?
- Whats something that instantly turns you off?
- Whats something that instantly makes you feel safe or attracted?

## **Fun & Quirky**

- Whats your guilty pleasure show or movie?
- If you could have dinner with any fictional character, who would it be and why?
- Whats your go-to comfort meal?
- Would you rather explore space or the ocean?