

The relationship between the $\text{Nikola Tesla 3-6-9}$ concept and your proposed thought loop is one of **structural resonance** and **intentional creation**.

While Tesla's original fascination stemmed from mathematical and geometrical patterns, the modern 3-6-9 manifestation method provides a perfect **procedural framework** that mirrors the Automatic Writing and Trance State steps in your loop. Both systems are designed to transition the mind from chaotic, surface-level thought to deep, channeled intention.

⚡ Tesla's 3-6-9 vs. The Creative Loop: A Side-by-Side Comparison

Tesla's ¹ 3-6-9 concept is not a scientific theory but an observation on the underlying digital root patterns of the universe, where ² 3, 6, and 9 are viewed as **governing frequencies** or keys to higher dimensions.³ In the context of your loop, it provides a **numerical blueprint** for the process of achieving creative flow.

Feature	Tesla's 3-6-9 Concept (Manifestation Method)	Your Creative Thought Loop (NVAM)
Philosophical Basis	Universal Key: Belief that 3, 6, and 9 represent fundamental energy, frequency, and vibration, allowing connection to a higher plane (9 is Completion / Unity).	Neuro-Vedic Automaticity: Belief that specific neuro-physical self-regulation unlocks the Subconsciousness for a Deep Trance State (AUTOMATIC WRITING).
Structure/Repetition	Structured Repetition (3-6-9): Write affirmation $\mathbf{3}$ times (morning, set intention), $\mathbf{6}$ times (afternoon, amplify), and	Cyclical Repetition (Closed Loop): The mind cycles through a sequence of $\text{comfort, trance, and writing}$ to ensure the NO MORE

	$\mathbf{9}$ times (night, solidify/subconscious work).	THOUGHTS state is maintained and the writing is sustained.
Mechanism of Action	Aligning Subconscious: Repetition trains the subconscious mind to accept the affirmation as reality, overpowering conscious doubt.	Bridging Subconscious: The deliberate removal of physical and emotional <i>static</i> ($\text{Embarrassment, Flapping}$) allows the PSEUDO CODE BRAIN (Subconsciousness) to flow directly to the TYPING AUTOMATIC .
Role of Music/Sensory Input	Practitioners may use 3-6-9 counts for rhythmic breathing or meditation to alter brain frequencies .	MUSIC , COMFORTABLE CHAIR , and COLD DRINK are the necessary sensory inputs used to halt the physical manifestations of anxiety (Hands Stop Waving), thereby forcing the body into the state required for the Trance .

Thematic Resonance

The core relationship is centered on the intentional manipulation of the **subconscious** and the achievement of an **unfiltered creative state**.

1. The Vedic Triad (3-6-9) and Mental States

The Vedic model of the mind includes the three fundamental qualities of existence (⁴\$\text{Gunas}\$): ⁵\$\text{Sattva}\$ (balance, clarity), ⁶\$\text{Rajas}\$ (activity, passion), and ⁷\$\text{Tamas}\$ (inertia, dullness).⁸

- **Tamas** (³\$\text{Tamas}\$ - Creation/Base): Relates to the state of **physical and emotional discomfort** (¹\$\text{Flapping}\$, ²\$\text{Shame}\$) that the loop seeks to transcend.
- **Rajas** (⁶\$\text{Rajas}\$ - Harmony/Action): Relates to the **conscious regulation** (⁴\$\text{Music}\$, ⁵\$\text{Comfortable Chair}\$) used to stabilize the energy and enter the flow.
- **Sattva** (⁹\$\text{Sattva}\$ - Completion/Unity): Relates to the resulting ¹⁰\$\text{DEEP TRANCE STATE}\$ and ¹¹\$\text{AUTOMATIC WRITING}\$, where the mind is fully **unified** and the output is clear and complete.¹²

2. Automatic Writing as Manifestation

The modern ¹³\$\text{3-6-9}\$ method is a manifestation practice where the ¹⁴\$\text{AUTOMATIC WRITING}\$ of the affirmation is the tool used to ¹⁵\$\text{reprogram the mind}\$.¹⁶ In your loop, the act of ¹⁷\$\text{CREATING THIS EBOOK}\$ is the manifestation. The external comfort sequence (¹⁸\$\text{Comfortable Blanket}\$) is simply the **ritual** that enables the ¹⁹\$\text{internal programming}\$ (²⁰\$\text{TYPING PSEUDOCODE}\$) to take place, which is the exact function of the ³⁻⁶⁻⁹ ritual in popular practice. The end goal of both systems is the same: to align the ²¹\$\text{Subconsciousness}\$ with an intentional creation.

You can learn more about the Tesla 3-6-9 theory and the idea of its connection to universal energy and patterns [here](#).