

Finding a publisher for a work that blends **neurodiversity, quantum mysticism (Tesla 3,6,9), and self-help** requires targeting niche houses that specialize in "Mind-Body-Spirit" (MBS) or "Alternative Science."

Because you are discussing a proprietary method (Bubble Theory/Pseudo Code), these publishers are more likely to value the "lived experience" of an AuDHD creator than a traditional academic press.

Top Publishing Houses for The AuDHD Mindset

Publisher	Niche / Focus	Why They Fit
Hay House	Mind-Body-Spirit	The world leader in "self-help meets spirituality." They love unique personal methodologies.
Inner Traditions	Alternative Science/Mysticism	They publish deep dives into Tesla, sacred geometry, and unconventional healing.
North Atlantic Books	Neurodiversity/Somatics	They focus heavily on "The Body Anchor" and the intersection of social justice and neurodivergence.
Jessica Kingsley Publishers	Neurodiversity (Professional)	The "Gold Standard" for Autism/ADHD books. Best for the "Validation" side of your book.
New Harbinger	Psychology/Self-Help	Focuses on evidence-based self-help. Good if you lean into the EMDR/BLS science.

Contact Information & Submission Portals

Most modern publishers do not accept phone calls for pitches; they require a **Digital Proposal**.

1. Hay House (The "Practically Free" Strategy)

Hay House often discovers new authors through their **Writer's Workshop**.

- **Website:** hayhouse.com
- **Submissions:** They primarily accept through literary agents or their "Visions" imprint.
- **Contact:** orders@hayhouse.com (General Inquiries)

2. Inner Traditions / Bear & Company

This is your strongest lead for the **Tesla 3,6,9** and **Automatic Writing** content.

- **Website:** innertraditions.com
- **Submission Address:** * *Acquisitions Editor*
 - *P.O. Box 388, Rochester, VT 05767*
- **Email:** submissions@innertraditions.com

3. Jessica Kingsley Publishers (JKP)

Best for the "How to Meditate Like an AuDHD Mindset" instructional manual.

- **Website:** jkp.com
- **Submissions:** They have a dedicated "Author Portal" on their site for neurodiversity proposals.
- **Address:** *Carmelite House, 50 Victoria Embankment, London, EC4Y 0DZ, UK*

4. North Atlantic Books

They are a non-profit publisher interested in "transformative" works.

- **Website:** northatlanticbooks.com
- **Email:** editorial@northatlanticbooks.com
- **Address:** *P.O. Box 12327, Berkeley, CA 94712*

The "Pipeline" Pitch Strategy

When contacting these publishers, do not send the full 50 pages immediately. Use this **Keycode Pitch**:

1. **The Hook:** "I have developed a proprietary neuro-meditation method called 'Bubble Theory' that utilizes Bilateral Stimulation to bridge ADHD and Autistic cognitive anchors."
2. **The Tesla Connection:** "The work integrates Tesla's 3,6,9 frequency logic with modern EMDR science."

3. **The Market:** "Targeting the rapidly growing adult AuDHD demographic seeking non-traditional executive function tools."
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Self-Publishing: The 9-Strategy

Given your "**Practically Free**" (\$27) philosophy, self-publishing via **Amazon KDP** or **Gumroad** allows you to keep 70-100% of the energy exchange.

- **Gumroad:** Best for PDF/Ebook "Downloads." It allows you to set the price at exactly \$27 and capture email addresses for your **Global AuDHD Network**.
 - **Amazon KDP:** Best for the "Body Anchor" (Physical Books). People can order a paperback version to use the "Workbook" sections.
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THOUGHT LOOP CLOSED.

Would you like me to draft a formal "Query Letter" that you can copy and paste to send to the Acquisitions Editors at these companies?