EMPOWERING TEAM MEMBERS TO UNLOCK THEIR POTENTIAL, OVERCOME CHALLENGES & SHATTER LIMITATIONS!

Boost morale, build community & grow resiliency in the workplace and beyond!

I was inspired to reconnect with myself, avoid Automatic Negative Thoughts & to declare I belong...

V. Sanchez|Solution Architect Zeta Global| Prospanica Summit

> **PATRICK PEREZ** *Resilience Speaker*

Host and Elevent

THE RHYTHM OF RESILIENCE

BOUNCE BACK BETTER!







Patrick "Pac Man" Perez is an energetic combination of rhythm, caffeine and leadership with style! Patrick is an award-winning speaker, dance artist and emcee who has led keynotes and workshops across the USA, Canada, Germany and Mexico for over 15 years!

SUCCESS CON SABOR!

Patrick has hosted national and bi-national level Hip Hop events with Red Bull Energy Drink. Patrick is a mentor with the city of Austin's Emerging Teaching Artist program & has mentored and performed with dancers from America's Got Talent and So, You Think You Can Dance?!

OFF STAGE

Patrick earned his degree in Communication Studies from the University of Texas in El Paso. The El Paso Small Business Administration awarded Mr. Perez the Young Entrepreneur of the Year Award for his impact in the community and he has been recognized by the National Speakers Association. Patrick is the author of several books, loves discovering foodies spots with his wife,Rachel, and lives in Austin, TX.



CLIENTS INCLUDE:





DEPT. OF TREASURY CITY OF HOUSTON DALLAS AREA COMPLIANCE ASSOCIATION WORKFORCE SOLUTIONS COMFORT KEEPERS CLEAR CORRECT EDC MOVERS NEW JERSEY COURTS AMERICAN LUNG ASSOCIATION PROSPANICA MBA ASSOCIATION SOCIETY OF HISPANIC ENGINEERS

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