



Dubuque Soccer Club Covid-19 Guidelines



Revised October 18, 2021

Contact: President@dubuquesoccer.org

Please stay home if exhibiting any symptoms of illness. Notify the coach that you will not be at practice or the matches. Players will not be penalized for illness.

Please note that requirements are always subject to change as conditions surrounding the pandemic change. As guidelines and restrictions vary by state, locality, and club, members representing DSC at events hosted by other organizations are expected to comply with the guidelines set by the hosting organization in addition to DSC guidelines.

Defintion of Exposure

Close contact with someone who has COVID-19 up to 2 days before they test positive or become symptomatic.

- For example, if player A tests positive on Friday (day of test being submitted and not the day the result is received) or her first symptoms can be traced back to Friday regardless of when testing is done, those that came in to contact with this player on Wednesday or Thursday are considered exposed. If she last had contact with the team on Tuesday, the team would not be considered exposed.

What Counts as Close Contact?

Any of the following situations count as close contact if you are not fully vaccinated:

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you

Masks

DSC will follow ISA policy regarding mask usage. Please reference [Covid-19 | Iowa Soccer](http://www.iowasoccer.org/covid19/) (<http://www.iowasoccer.org/covid19/>) for up-to-date information.

Covid-19 Reporting Procedures:

Any member of the Dubuque Soccer Club (player, parent, household member, coaching staff, support staff, etc.) who is required to isolate according to the policy below must notify the President of the DSC Board of Directors (Mike Peat) as soon as possible. Reporting will remain confidential (limited to DSC COVID committee) and names will not be shared to protect the privacy of our membership. This is essential for the health of our membership along with tracing purposes.

When reporting a positive case, please include the following information to allow us to quickly assess the situation:

1. Individual testing positive and DSC association (team, age group, etc.)
2. Date of symptoms starting or positive test if asymptomatic
3. Specify the last DSC function attended by individual testing positive.

Quarantine Policy (for individuals exposed to someone testing positive for COVID-19):

Quarantining when one has been confirmed he/she was exposed to the virus is no longer required. Please monitor yourself and do not attend any DSC function if symptoms arise.

If a close contact occurs at a DSC event, the affected members will be notified of the exposure.

Isolation Policy (For individuals testing positive for COVID-19 or are/were symptomatic and were never tested)

Any member that tests positive (or is/was symptomatic but was never tested) must not attend any DSC functions for a minimum of 10 days from the onset of symptoms (or date of positive test if asymptomatic). The member may return to activity after completing the isolation period and being symptom free for 72 hours (which could be the last 72 hours of the 10 day isolation if symptom free during that period).

Preventative Measures

- DSC will follow ISA Return to Play Protocols as recommended by ISA and posted on their COVID resources site: [Covid-19 | Iowa Soccer \(http://www.iowasoccer.org/covid19/\)](http://www.iowasoccer.org/covid19/)

DSC Refund Policy

- If a quarantine is required per this policy, there will not be a refund given to the positive player or any affected member.
- If there is a state mandated shutdown to the entire club, the refund will be prorated based on the date of mandate.