



# Dubuque Soccer Club Covid-19 Guidelines



Revised January 27, 2022

Contact: [President@dubuquesoccer.org](mailto:President@dubuquesoccer.org)

**Please stay home if exhibiting any symptoms of illness. Notify the coach that you will not be at practice or the matches. Players will not be penalized for illness.**

**Please note that requirements are always subject to change as conditions surrounding the pandemic change. As guidelines and restrictions vary by state, locality, and club, members representing DSC at events hosted by other organizations are expected to comply with the guidelines set by the hosting organization in addition to DSC guidelines.**

## **Covid-19 Reporting Procedures:**

Any member of the Dubuque Soccer Club (player, parent, household member, coaching staff, support staff, etc.) who is required to isolate according to the policy below must notify the President of the DSC Board of Directors (Mike Peat) as soon as possible. Reporting will remain confidential (limited to DSC COVID committee) and names will not be shared to protect the privacy of our membership. This is essential for the health of our membership along with tracing purposes.

When reporting a positive case, please include the following information to allow us to quickly assess the situation:

1. Individual testing positive and DSC association (team, age group, etc.)
2. Date of symptoms starting or positive test if asymptomatic
3. Specify the last DSC function attended by individual testing positive.

## **Quarantine Policy (for individuals exposed to someone testing positive for COVID-19):**

Quarantining when one has been confirmed he/she was exposed to the virus is no longer required. Please monitor yourself and do not attend any DSC function if symptoms arise.

## **Isolation Policy (For individuals testing positive for COVID-19 or are/were symptomatic and were never tested)**

Any member that tests positive (or is/was symptomatic but was never tested) must not attend any DSC functions for a minimum of 5 days from the onset of symptoms (or date of positive test if asymptomatic). The member may return to activity after completing the isolation period, being fever free for 24 hours (which could be the last 24 hours of the 5 day isolation). The member will be **required** to wear a mask at any DSC event attended in the 5 days following the isolation period. If a member is not capable or chooses not to wear a mask, the isolation period will be a minimum of 10 days.

## **Masks**

Masks must be a minimum of 2 layers, cover both the nose and mouth, and be appropriately sized (not leaving large gaps around sides). As masks will be worn during play at times, please avoid masks with metal or sharp plastic components for players which could cause injury.

## **Preventative Measures**

- DSC will follow ISA Return to Play Protocols as recommended by ISA and posted on their COVID resources site: [Covid-19 | Iowa Soccer \(http://www.iowasoccer.org/covid19/\)](http://www.iowasoccer.org/covid19/)

## **DSC Refund Policy**

- If a quarantine is required per this policy, there will not be a refund given to the positive player or any affected member.
- If there is a state mandated shutdown to the entire club, the refund will be prorated based on the date of mandate.