

Housing, Food, Rent & Homemaker Resources – Twin Cities, MN

HOUSING & RENT SUPPORT

- Minnesota Housing Finance Agency – Affordable housing & rental assistance
- Family Homelessness Prevention & Assistance Program (FHPAP)
- Coordinated Entry (Hennepin & Ramsey Counties)
- HousingLink – Affordable & subsidized housing listings
- HOME Line – Free tenant legal help
- PRISM – Rent, eviction prevention & energy assistance

FOOD SHELVES & FOOD SUPPORT

- Second Harvest Heartland (regional food bank)
- Joyce Uptown Food Shelf (Minneapolis)
- Sabathani Food Shelf (South Minneapolis)
- CES Food Shelf
- NorthPoint Health & Wellness Food Shelf
- VEAP (Twin Cities metro)
- Fruit of the Vine Food Shelf (St. Paul)
- Call 2-1-1 for nearby food shelves & hours

RENT & EMERGENCY FINANCIAL HELP

- MNBenefits.mn.gov – Apply for Emergency Assistance, SNAP, MFIP
- Hennepin & Ramsey County Economic Assistance Offices
- Community Action Partnership of Hennepin County (CAP-HC)

HOMEMAKER & IN-HOME SUPPORT

- Lutheran Social Service of Minnesota (LSS)
- Neighborhood House (St. Paul)
- County Home & Community-Based Services (HCBS)

HOW TO GET HELP FAST

- Dial 2-1-1 (United Way Minnesota)
- Apply online at MNBenefits.mn.gov
- Contact county human services for housing & homemaker support

