

ANNUAL TENNIS RESIDENCY & SCHOOL PROGRAM

BARCELONA, SPAIN

Train to be a Pro!

ADMISSIONS

(AGES 12-18)

ADMISSIONS Contact: Akida Mashaka, President of Business Development, North America Email: <u>akida.mashaka@brugueraacademy.com</u> – Phone: 1(310)625-1912 WhatsApp



ANNUAL TENNIS & RESIDENCY PROGRAM (SEPT 2019 – JUNE 2020)

TRAINING SCHEDULE (MONDAY – FRIDAY)

Saturday is 2 hours of training Sunday is day off except for players with tournament matches

SCHEDULE A

SCHEDULE B

9:00am - 10:45am Fitness

11:00am - 1:00pm Tennis

7:45am - 8:30am Breakfast

9:00am - 11:00am Tennis

11:00am – 12:45pm Fitness

1:00pm – 2:15pm Lunch

2:15pm – 3:30pm Tennis

3:30pm – 4:45pm Fitness

2:15pm – 3:30pm Fitness

3:30pm – 4:45pm Tennis

4:45pm – 5:15pm Snack + Shower

5:15pm – 8:30pm School

8:30pm – 9:30pm Dinner

Total weekly training: 18 hours of tennis and 15 of hours of fitness

ANNUAL PRICES (10 MONTHS)

TENNIS + FITNESS + LUNCH	20,670 Euros
TENNIS + FITNESS + FULL BOARD + RESIDENCE	30,300 Euros
PRIVATE AMERICAN SCHOOL (Grades 8th to 12th)	8,900 Euros
PRIVATE SPANISH SCHOOL (Grades 7th to 12th)	6,900 Euros
MEDICAL INSURANCE	890 Euros