



Passion Form

Consider if any of the characteristic of passion development have been holding you back.

1. Have you allowed yourself to follow your impulses or interests? Or do you brush them off as unimportant?
2. Have you put yourself in situations where you could have more exposure to your interests or get more support? Or do you live within the bounds of your comfort zone?
3. Have you allowed yourself to move forward even in the face of the unpleasant aspects of your interest? Or have you expected perfection and rejected hard work or necessary effort?
4. Have you allowed yourself to play and fail? Or have you avoided your interests because you aren't great at them?
5. Have you applied yourself to deeper exploration through deliberate practice? Or have you left the development of your passion up to chance or "when I feel like it"?
6. Have you considered the impact you would like to make in the lives of others and the meaning this would bring to your pursuit?

This last question is perhaps the most important of all.