



Prayer to access your Akashic Records

Mother Father God within me, around me and everywhere transcendent,

Today I ask permission to visit my records, the records of (your name)

For my highest good and the highest good of all

I bow in Reverence to Mother Earth, I bow in Reverence to the Fire,

I bow in Reverence to the Rain, I bow in Reverence to the Wind,

I know that, as I let go of old beliefs I create space to change what I see in my experience

I bow in reverence the forces of nature, to the universe and its possibilities,

and to everyone who contributed to my story in my Records

I bow in reverence to myself, (your name)

honouring my bravery, honouring my choices, honouring my trajectories.

I understand that there are no wrong choices, just experiences;

and these experiences are here to shape my beliefs and allow my growth.

It is with unconditional love in my heart, my head in the present time,

and a clear intention to be a messenger and instrument of healing and growth

that I ask the guardian of my Akashic Records to give me permission to enter my Akashic Records

The Records are now open...

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