



Realms of Akasha

Week 5 Higher Self Connection

We came from source as a divine spark or a cosmic being come to earth.

Our Cosmic Being has 2 parts, the masculine and the feminine.

The Soul is the feminine part that comes and mixes with matter.

As soul living in the physical world we experience life.

The purpose of the soul is therefore to experience life.

As we experience life, we feel and feeling is our feminine side.

The Higher Self stays up there to guide the soul.

The purpose of the Higher Self is therefore to guide the soul.

The Higher Self creates the way the soul to flow.

The Higher Self is connected to the higher consciousness so knows everything about us.

As we experience life, we sometimes derail, so soul searching for the Higher Self guides us back on track.

We have also been clearing the soul's experiences that do not serve us anymore.

Life is full of experiences and we can fully experience it when we are connected with our soul and Higher Self.

Therefore adapting the mantra everything is always working out for me will help change the way you look at things again.

Next time a problem comes, you know it is here to connect you to your higher self for guidance in moving into your next spiritual level.

Remember that the more you connect with your soul and higher self, the more you will spiritually evolve and see things from a higher perspective.

The higher your perspective, the better you will be able to connect and interpret with your Akashic Records.

You don't have to be perfect though as we are always evolving to the next level.

You were called to do this course as your soul and higher self guided you to it. Therefore you are very much capable of moving on with it.

To clear energy.

I command every and all energy that do not belong to me to go back to sender blessed and transformed. (x3)

There is no Greater Power than the Power of God.

Once you have done clearing, activate and qualify your protection around you and your home every morning.

Akashic clearing

Energy Clearing @ 27 mins mark

Meditation

Higher Self Connection @ 1hr 4 mins mark