



Realms of Akasha

Week 7 Preparation to access your Akashic Records

1. Start with setting your intention to being of service to yourself and of you are doing a reading for someone else, then being of service to the person/client.
2. Go through 7 minutes of clearing energy.
3. Release any excess energy and ground back.
4. Clear your room of all thoughts, emotions, energies, memories with your hands and release the energies down through the ground cords of the rooms bottom corners.
5. Call on your Higher Self to bring a golden beam of light and fill the room and bring it to the present time.
6. Open your crown chakra and out of your crown connect your 4 certainty cords to the 4 top corners of the room.
7. Ask your Higher Self to bring another golden beam of golden light directly from the center of the universe and bathe your crown chakra pushing down anything you are ready to release through the certainty cords down the ground cords of the room.
8. Call your aura to a foot and a half around you.
9. Adjust your physical and spiritual body.
10. Ask your Higher Self to bring a beautiful veil of roses to cover your whole aura and ask for any extra protection you would like you.
11. Say the prayer to access your records.
12. Walk through the door in the veil of roses to start going to your Akashic Records.
13. When you come back from visiting your records, ask your Higher Self to remove your veil of roses to be recycled, cleanse and release your certainty cords.
14. Reactivate your pillar of light.