

Violeta (Holly) Suzara Allman, DNP, RN, CLCP  
1831 Garden Highway, Sacramento, CA 95833  
drhollyallman@gmail.com  
(415)235-3504

## EDUCATION

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### **Doctor of Nursing Practice – 2019**

University of Arizona, Tucson, AZ

Specialty – Adult-Geriatric Acute Care Nurse Practitioner

Clinical Residency – Cardiology – St. Mary's Hospital, Tucson, AZ

### **Bachelor of Science, Nursing, *cum laude* – 2009**

Samuel Merritt University, San Francisco, CA

### **Bachelor of Arts, Environmental Science – 2008**

University of California, Berkeley, Berkeley, CA

Specialty – Biological Sciences

## EMPLOYMENT HISTORY

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### **Owner & Certified Life Care Planner – 2020 to Present**

Allman Life Care Planning, Foster City, CA

Responsibilities – Determinations of future medical care requirements and associated costs for catastrophically injured parties – including medical services, hospitalizations, diagnostic tests, therapies, durable medical equipment, recreation/vocational services, home attendant care and facility care needs; Historical medical billing reviews and determination of reasonable charges.

### **Director of Nursing & Perioperative Nurse – 2010 to 2021**

ABJ Surgery Center, San Mateo, CA

Responsibilities – Quality Assurance, Licensing/Accreditation Compliance (Medicare, AAAASF), Risk Management, Billing Audits, Infection Control, Facility Safety, Credentialing, In-Services Training, Supervision of RNs, Perioperative Nursing

### **Perioperative Nurse – 2013 to 2017**

Peninsula Procedure Center, Redwood City, CA

Responsibilities – Perioperative Nursing, Infection Control, Licensing/Accreditation Compliance (Medicare / AAAHC)

### **Nurse Case Manager – 2009 to 2016**

Private Care, San Francisco, CA 2008 – 2016

Responsibilities – Patient Health Assessments, Medication Management, Physician Consultation, Creation of Comprehensive Care Plans, Ordering Durable Medical Equipment, Management of In-Home Attendants, Patient/Family Education, Medical Care Budgeting

Agility Health, Redwood Shores, CA 2012 – 2013

Responsibilities – Patient Health Assessments, Medication Management, Physician Consultation, Creation of Comprehensive Care Plans, Ordering Durable Medical Equipment, Management of In-Home Attendants, Patient/Family Education, Educational Presentations

**President / Owner – 1995 to 2006**

Ascribe Business Services, Inc., San Francisco, CA

Responsibilities – Operations Management, Production, Distribution, Procurement, Inventory Management, Marketing, Customer Retention, Facilities Management, Equipment Purchasing, Real Estate Development, Business Planning, Strategic Management

**RESEARCH / PUBLICATIONS**

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Allman, H. & Day-Seiter, K. (2021). Special needs trusts: What the life care planner should know. *Journal of Nurse Life Care Planning*, 21(2), 18-20. <https://www.aanlcp.org/wp-content/uploads/2021/05/AANLCP-Spring2021.pdf>.

Allman, V.S. (2019). Modeling the impact of chronic disease on work life. *The University of Arizona, ProQuest Dissertations Publishing*. Dissertation number 13863628. (Abstract only available due to pending publication). <https://repository.arizona.edu/handle/10150/633228>.

Suzara, H. (2008). Modeling the impact of climate change on peak electricity demand in California. UC Berkeley *Rausser College of Natural Resources Archives*. [https://nature.berkeley.edu/classes/es196/projects/2008final/Suzara\\_2008.pdf](https://nature.berkeley.edu/classes/es196/projects/2008final/Suzara_2008.pdf).

**PROFESSIONAL LICENSURE / CERTIFICATION**

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Certified Life Care Planner – Int'l Commission on Health Care Certification – Cert. #1546  
Registered Nurse, CA & AZ Boards of Registered Nursing – License #764227 & #RN215591  
Public Health Nurse, California Board of Registered Nursing – License #77551  
Montreal Cognitive Assessment Certification – Certificate # USALLHO7055236-01

**PROFESSIONAL ORGANIZATIONS**

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Foundation for Life Care Planning and Rehabilitation Research 2022 – Present  
Research Committee, 2022 – Present  
American Association of Colleges of Nursing, 2021 – Present  
American Academy of Professional Coders, 2021 – Present  
American Association of Nurse Life Care Planners, 2020 – Present  
Journal Review Committee, 2021 – 2022  
International Association of Life Care Planners 2019 – Present  
Advisory Board - Costing Framing Development Committee 2022 - Present  
American Association of Nurse Practitioners, 2015 – Present  
Association of Perioperative Registered Nurses, 2010 - Present  
American Nurses Association, 2008 – Present  
Director Emeritus, Frandelja Enrichment Center, 2005 – 2006

**MISCELLANEOUS**

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Graduate *cum laude*, Samuel Merritt University – 2009  
Inspirational Speaker, BSN Commencement Ceremony, Samuel Merritt University – 2009  
Honoree, Tribute to Bay Area Small Business Owners, TMC Development – 2002  
Female Entrepreneur of the Year (SF), National Assn. of Women Business Owners – 1999  
NCAA Division I Athlete, University of San Francisco – 1989 to 1991