

Holly Allman, DNP, RN, CLCP



Violeta “Holly” Allman was born in December 1968 in San Francisco, California. Holly grew up in the Sunset district and focused on school and sports during her youth. She graduated from Mercy High School in 1987 and attended UC Berkeley as a freshman. Holly transferred to the University of San Francisco and spent the next three years playing Division I volleyball at the invitation of two-time Olympic medalist - coach Lori Corbelli. Holly studied biology and chemistry during her years at USF.

Holly owned and managed Ascribe Business Services, Inc., a printing and graphic design firm in San Francisco from 1995 to 2006 and was named the 1999-2000 San Francisco Bay Area “Female Entrepreneur of the Year” by the National Association of Women Business Owners.

In 2005, Holly married her best friend and tennis partner, Phillip Allman, a San Francisco-based forensic economist. In 2006, Holly sold her business and returned to UC Berkeley to finish her bachelor’s degree in Environmental Science, where she was mentored by Margaret Torn, Lead Researcher and Senior Advisor in Climate and Ecosystem Science for the Lawrence Berkeley National Laboratory. While at Cal, Holly developed a climate-energy model that quantified the increase in peak electricity demand in California (in kWh) for every one-degree Celsius change in climate. Holly completed her BA in Environmental Science at UC Berkeley in 2008.

Holly was inspired to become a nurse after caring for her aging parents. In 2009, Holly completed her second bachelor’s degree in Nursing, graduating *cum laude* from Samuel Merritt University where she was chosen by her peers to give the inspirational student address at their commencement. Between 2010 and 2020 Holly worked in multiple areas of nursing - as a perioperative nurse at Peninsula Procedure Center, as a Nurse Case Manager for Agility Health and for patients in private practice, and as the Director of Nursing for ABJ Surgery Center. Holly’s care management experience includes the care of patients with congenital and acquired traumatic brain injury, cerebrovascular accident, cerebral palsy, Parkinson’s disease, Alzheimer’s disease, terminal cancer, spinal injuries, skeletal fractures, soft tissue injuries, mental illness, respiratory disease, amputations, blindness, cardiovascular disease, diabetes, and surgical patients at various stages of their rehabilitation.

In 2019, Holly completed her Doctorate in Nursing Practice from the University of Arizona, specializing in Adult-Geriatric Acute Care, and completed her residency in Cardiology at St. Mary’s Hospital in Tucson, AZ. For Holly’s doctoral dissertation, she specified an innovative regression model for measuring the impact of chronic disease on expected work life - which has many applications in healthcare, government and private industry. Holly received her credential as a Certified Life Care Planner in 2020 in order to help individuals with catastrophic injury plan for their future medical needs. She started Allman Life Care Planning in 2020 and intends to spend the balance of her nursing career in this specialty nursing field.

Footnotes

¹Laurie Flachmeier Corbelli, NAIA and AVCA Hall of Fame inductee; WCC, SWC, SEC Coach of the Year; and 2-time Olympic medalist https://en.wikipedia.org/wiki/Laurie_Corbelli#Coaching_career.

²Margaret S. Torn <https://eesa.lbl.gov/profiles/margaret-s-torn/>

³Suzara, H. (2008) Modeling the impact of climate change on peak electricity demand in California. https://nature.berkeley.edu/classes/es196/projects/2008final/Suzara_2008.pdf.

⁴Allman, V. (2019) Modeling the impact of chronic disease on work life. The University of Arizona, ProQuest Dissertations Publishing. Dissertation number 13863628. (Abstract only available due to pending publication). <https://repository.arizona.edu/handle/10150/633228>