



Fall Schedule Starting August 11th

Levels	Total Hours per week	Monday	Tuesday	Wednesday	Thursday	Friday	**Saturday**
Pre Team		4:00pm-6:00pm			4:00pm- 6:00pm		
Xcel Bronze	6						
Level 3	12		4:00pm- 7:00pm	4:00pm- 7:00pm	4:00pm- 7:00pm		11:00am-2:00pm
Xcel Silver	9	4:00pm- 7:00pm		4:00pm- 7:00pm			11:00am-2:00pm
Xcel Gold	16		5:00pm-9:00pm	5:00pm-9:00pm		4:00pm-8:00pm	11:00am-3:00pm
Level 4	16	5:00pm-9:00pm		5:00pm-9:00pm	5:00pm-9:00pm		11:00am-3:00pm
Optionals/Plat	20	5:00pm-9:00pm	5:00pm-9:00pm		5:00pm-9:00pm	4:00pm-8:00pm	8:00am-12:00pm
**All Saturday Pratices in Crown Point Location							