

SALADO SENIOR CENTER

AUGUST ACTIVITIES

EVERY MONDAY

9:00-10:00 | Chair Yoga w/ Joette
9:00-11:00 | Pinochle
9:00-3:00 | Open Pickleball Courts
9:00-3:00 | Cornhole
10:00-12:00 | Dominoes 42 Game
10:15-11:15 | Stretching
(Beginner Yoga w/ Gary)
11:00-12:30 | Hooks & Needles
w/ Joette
12:00-3:00 | Bridge
1:30-2:30 | Learn Handbells
w/ Wes Roach

EVERY WEDNESDAY

8:30-9:15 | Functional Fitness & Stretching
w/ Lisa Gilpin
9:00-11:00 | Canasta
9:00-3:00 | Open Pickleball Court
9:00-3:00 | Pool Ball Challenge
9:30-10:15 | Strength Training w/ Gary
9:30-12:00 | Learn to Play Mahjong
10:00-12:00 | Mexican Train Dominoes
12:00-2:00 | Chicken Foot Dominoes
12:00-3:00 | Pinochle
12:00-3:00 | Bridge

EVERY THURSDAY

9:00-10:00 | Pilates-Style Exercise Class
9:00-11:00 | Hand & Foot Canasta
9:00-3:00 | Cornhole
10:00-12:00 | Dominoes 42 Game
10:15-11:15 | Chair Tai Chi
w/ Richard Trautman
12:00-3:00 | Mahjong
12:00-3:00 | Bridge
1:00-2:30 | BINGO

POP-UP EVENTS

MONDAY, AUGUST 3

- 9:00-10:00 | Beginner's Pickleball Lesson w/ Cindy
- 12:30-2:30 | Make a Macrame Lantern w/ Friends of Salado Public Library

WEDNESDAY, AUGUST 5

- 10:00-11:00 | Beat the Texas Heat w/ Bev Hodges, Texas A&M AgriLife
- 12:00 | One-on-One Chess Lesson (1 spot available)
- 1:00-2:00 | Line Dancing w/ Betty Hartman

THURSDAY, AUGUST 6

- 12:30-2:30 | Watercolor Class w/ Elizabeth

MONDAY, AUGUST 10

- 12:00-3:00 | Siamese Mahjong

WEDNESDAY, AUGUST 12

- 10:00-11:00 | Beat the Texas Heat w/ Bev Hodges, Texas A&M AgriLife
- 12:00 | One-on-One Chess Lesson (1 spot available)
- 1:00-2:00 | Line Dancing w/ Betty Hartman

THURSDAY, AUGUST 13

- 10:00-11:15 | Arts & Crafts w/ Salado Public Library
- 11:30-12:30 | Writing Class w/ Salado Public Library
- 3:30 | After Hours Gathering at Uncle David's (\$13/person)

MONDAY, AUGUST 17

- 11:30-12:30 | Monthly Birthday Luncheon (60's Theme)

WEDNESDAY, AUGUST 19

- 10:00-11:00 | Beat the Texas Heat w/ Bev Hodges, Texas A&M AgriLife
- 11:30-12:30 | Simple Scrapbook Page Kit
- 12:00 | One-on-One Chess Lesson (1 spot available)

THURSDAY, AUGUST 20

- 12:00-1:00 | Book Club w/ Salado Public Library

MONDAY, AUGUST 24

- 11:30-12:30 | Ice Cream Social

WEDNESDAY, AUGUST 26

- 11:00-12:00 | Beat the Texas Heat w/ Bev Hodges, Texas A&M AgriLife
- 12:00 | One-on-One Chess Lesson (1 spot available)

THURSDAY, AUGUST 27

- 10:00-11:00 | One-on-One Technology Time w/ Salado Public Library
- 12:30-2:30 | Watercolor Class w/ Elizabeth

MONDAY, AUGUST 31

- 12:00-2:00 | Pinochle Class

To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.

JOIN US!

Salado United Methodist Church
Youth Activity Center (650 Royal St)

CONTACT US, LEARN MORE, OR GIVE A GIFT:

saladoseniorcenter.org
(254) 997-1070