

SALADO SENIOR CENTER

MAY ACTIVITIES

EVERY MONDAY

9:00-10:00 | Chair Yoga w/ Joette
9:00-11:00 | Pinochle
9:00-3:00 | Open Pickleball Courts
9:00-3:00 | Cornhole
10:00-12:00 | Dominoes 42 Game
10:15-11:15 | Stretching
(Beginner Yoga w/ Gary)
11:00-12:30 | Hooks & Needles w/ Joette
12:00-3:00 | Bridge
1:30-2:30 | Learn Handbells
w/ Wes Roach

EVERY WEDNESDAY

8:30-9:15 | Men's Exercise Class
w/ Lisa Gilpin
9:00-11:00 | Canasta
9:00-3:00 | Open Pickleball Court
9:00-3:00 | Pool Ball Challenge
9:30-10:15 | Strength Training w/ Gary
9:30-12:00 | Learn to Play Mahjong
10:00-12:00 | Mexican Train Dominoes
10:30-11:15 | Drumming Workout
w/ Lisa Gilpin
12:00-2:00 | Chicken Foot Dominoes
12:00-3:00 | Pinochle
12:00-3:00 | Bridge

EVERY THURSDAY

9:00-10:00 | Pilates-Style Exercise Class
9:00-11:00 | Hand & Foot Canasta
9:00-3:00 | Cornhole
10:00-12:00 | Dominoes 42 Game
10:15-11:15 | Chair Tai Chi
w/ Richard Trautman
12:00-3:00 | Mahjong
12:00-3:00 | Bridge
1:00-2:30 | BINGO

POP-UP EVENTS

MONDAY, MAY 4

- 11:00-12:00 | Beginner's Pickleball Lesson w/ Cindy
- 12:30-2:30 | Cyanotype Workshop w/ Friends of Salado Public Library

WEDNESDAY, MAY 6

- 12:00-1:00 | Fall Prevention Class w/ Seton Medical Center Harker Heights
- 1:00-2:00 | Line Dance Social w/ Betty Hartman

THURSDAY, MAY 7

- 12:30-2:30 | Watercolor Class w/ Elizabeth
- 3:30-5:00 | After Hours at Bourbon Speaks (\$12/person)

MONDAY, MAY 11

- 10:00-12:00 | Tea 101 Class w/ Salado Spice & Tea Merchants
- 12:00-3:00 | Siamese Mahjong
- 9:00-3:00 | "Stock the Pantry"

WEDNESDAY, MAY 13

- 1:00-2:00 | Line Dance Social w/ Betty Hartman
- 9:00-3:00 | "Stock the Pantry"

THURSDAY, MAY 14

- 10:00-11:15 | Arts & Crafts w/ Salado Public Library
- 11:30-12:30 | Writing Class w/ Salado Public Library
- 9:00-3:00 | "Stock the Pantry"

MONDAY, MAY 18

- 11:00 | Performance by SSC Handbell Choir
- 11:30-12:30 | Monthly Birthday Luncheon: "Cinco de Mayo" Theme

WEDNESDAY, MAY 20

- 11:30-12:30 | Simple Scrapbook Page Kit

THURSDAY, MAY 21

- 12:00-1:00 | Book Club w/ Salado Public Library

MONDAY, MAY 25

CLOSED: Memorial Day

WEDNESDAY, MAY 27

- 1:00-2:30 | Arts & Crafts w/ Joan Smith

THURSDAY, MAY 28

- 10:00-11:00 | One-on-One Technology Time w/ Salado Public Library
- 12:30-2:30 | Watercolor Class w/ Elizabeth

To ensure sufficient supplies, this event requires participants to RSVP at the Senior Center registration desk or contact the Senior Center the week prior on Monday or Thursday during the hours of 9:00-3:00.

JOIN US!

Salado United Methodist Church
Youth Activity Center (650 Royal St)

CONTACT US, LEARN MORE, OR GIVE A GIFT:

saladoseniorcenter.org
(254) 271-2415