


Online Group Calendar

<p><u>Monday</u></p>	<p>Hearing Voices With Sarah 12:30pm – 2:30pm</p> <p>\$65 per session</p>	<p>HeARTful Art With Diane 2pm – 4pm</p> <p>\$85 per session plus materials</p>
<p><u>Tuesday</u></p>	<p>Cooking at Home With Amanda 2pm – 3.30pm All Ingredients delivered to your door \$100 per session</p> 	
<p><u>Weds</u></p>	<p>Anxiety Support Group With Amanda 11am-12.30pm \$65 per session</p>	<p>HeARTful Art With Diane 2pm – 4pm \$85 per session plus materials</p>
<p><u>Thursday</u></p>	<p>LADYBUGS 11am-1pm Women's Group With Robyn \$65 per session</p>	<p>Social Group 2pm- 4pm With Jaqui \$65 per session</p>
<p><u>Friday</u></p>	<p>Caring for You self-care talk & techniques 10.30am – 12pm With Jaqui \$65 per session</p>	<p>HeARTful Art With Diane 2pm – 4pm \$85 per session plus materials</p>