

THE ROSENBERG PANTHERS

FOOTBALL/CHEERLEADERS



**PARENT/PLAYER/VOLUNTEER
GUIDELINES & REQUIREMENT
INCLUDING CODE OF CONDUCT**

Rosenberg Panthers Parent/Player Guidelines and Requirements

PLEASE READ EACH ITEMS

— Participants must be between the ages of 4 and 13 as of July 31st of the current year.

Cheerleaders must be between the ages of 4 and 13 as of July 31st. **A state ID, passport, or birth certificate is required for verification of age.**

— Official start date for (Fall) practice is the 1st week in June two (2) days per week for a maximum of 2 hours. Starting last week of July practices will shift to three (3) days per week for a maximum of 2 hours through the end of the season.

— Official start date for (Spring) practice is the 2nd week in January one (1) day per week for a maximum of 2 and 1/2 hours. Starting week 1 practices will shift to two (2) days per week for a maximum of 2 hours through the end of the season.

— Equipment (helmet and shoulder pads) issued to a participant is on a rental basis and must be returned. **All fees must be paid or payment arrangements made with the registration coordinator prior to equipment/uniform being issued.**

— There is no minimum play rule. **Playing time is not guaranteed it is earned!**

— Parents must abide by the rules and expectations of the team communication group chats (Band, Groupme, etc.). You shall not post if a player will not make practice, nor if you have a personal issue. All issues and concerns should be directed to a coach or board member personally!

— Each person who registers a child with the Rosenberg Panthers (football/cheerleaders) is expected to volunteer and work duty shifts during HOME games. Each person will be fined or will have their child's participation suspended for failing to work a duty shift. **Each family is required to work 2 hours or buy out for \$50.00.** \$50.00 must be paid before the season starts beginning in June (**January for spring**). Your child cannot participate until it's paid. Once season starts, you cannot buy out; you must work a 2 hour shift. There will be no exceptions to this rule. The concession stands pays for our referees, banquet and keeps our registration fees affordable. Below are ways to help volunteer.

Concession Stand
Team Mom
Stadium Clean Up
Announcer spotter

Chains & Down Markers (**including spring**)
Assist Team Mom
Field set up/Field break down

— League carries secondary injury insurance for its participants. This means that all claims must be filed on the parent's insurance and the claim process prior to submission to League insurance. A detailed explanation of charges paid must accompany the League insurance claim.

League insurance carrier will not pay until the primary insurance carrier has completely processed your claim. **Any child that suffers any type of injury, such as a fracture, concussion or any type of head or neck injury MUST submit a doctor's release to the Rosenberg Panthers before returning to the organization.**

- Activities held and attended on public property such as Lamar CISD, Fort Bend ISD campuses, Seabourne Creek Regional Sports Complex, or any City of Rosenberg Park is at the individuals own risk.
- All players are required to be at the football field one (1) hour prior to the start of the game. Book check is 30 minutes prior to the game. If a child is not present at book check, he or she may be prevented from playing in the game. It is up to the league and coaches' discretion.
- Parents will not be allowed on the field during practice session or games. All coaches must wear official badges. If you do not have a badge, you will be asked to leave the field.
- Participant's who miss 50% or more practices may not be able to play in the Saturday game. It is up to the coaches' discretion.
- All members who maintain Honor Roll during school will be recognized at the end of the season. A copy of report card should be given to Team Mom.
- If your child has a medical condition that requires a medication such as an inhaler, Epi Pen, or allergy medication, please have on hand and it will be administered by that child's parent only. Please notify your team mom and/or coach if your child has an allergy to fire ants, grass or any other allergen.
- Do not leave your child or children unattended on the campus or premises for any reason in case of an emergency, inclement weather, injuries or allergic reaction. Any official Panther volunteer, coach, team mom or any child under the age of 18 are not considered designated person to leave your child unattended while at practice.

Rosenberg Panthers Code of Conduct

PLEASE READ EACH ITEMS

The Rosenberg Panthers have implemented the following Code of Conduct for the important message it holds about the proper role of parents, guardians, volunteers and fans in support of the children participating with the Panthers. All parents and guardians will be required to acknowledge that they have both read and understand this Code of Conduct prior to the registration of their children for participation in our league.

Any parent, guardian, volunteer or fan guilty of improper conduct at any game, practice, or League activity will League activity will be asked to leave. Violators of the Code of Conduct will be subject to disciplinary action as defined in the Organization/League's policy.

Preamble

Rosenberg Panthers believe that the essential elements of character-building and ethics in sports are embodied in the concept of sportsmanship and six core principles:

- Trustworthiness
- Respect
- Responsibility
- Fairness
- Caring
- Good Citizenship

Rosenberg Panthers believe that the highest potential of sports is achieved when competition reflects these "six pillars of character".

1. Please be aware of the major time and team commitment required to play football! Do not schedule family vacations during the football season. Try and schedule your vacations before the season starts or after the season ends. There is an entire team and staff of volunteer coaches who count on your child to play and participate in every game.
2. No parent should interfere with a coach's decisions during games or practices at any time. Allow the coaches to have your child's undivided attention for the two hours they are at practice and/or playing in games. Oftentimes, what you instruct them to do from the sidelines contradicts what the coach is instructing them to do and this confuses the child. Your greatest asset for your child during games/practices is your encouragement, not your coaching.
3. Parents and spectators must stay outside the coach's box and five yards away from the sidelines at all times during games. No parent/spectator is allowed on the playing field at any time during a game.
4. Parents and spectators are strongly encouraged not to engage with the referees about anything (especially calls) during a game. It is impossible for referees to catch every infraction during a game! Your child will make many mistakes during a game, so please allow our hard working and underappreciated referees to occasionally make them – NOBODY IS PERFECT.
5. Ensure your child arrives to practices and games on time to show respect to our many volunteer coaches and your child's teammates. Coaches are not required to play those players who either miss practice or are consistently late.
6. Any parent/spectator or participant ejected from a game for unruly and/or disruptive behavior **MUST LEAVE THE FIELD!** Any parent, spectator, coach or player ejected from a game is subject to a minimum one (1) game suspension. Your conduct is being observed by your child and you are setting an example for your child—so please don't act like one!

— **As a Parent, Guardian, Volunteer and/or Fan, I therefore agree:**

- I will not force children to participate in sports.
- I will remember that children participate to have fun and that the game is for youth, not adults.
- I will inform a league official of any physical disability or ailment that may affect the safety of children or the safety of others.
- I will learn the rules of the game and the policies of the Panthers and League.
- I (and my guests) will be a positive role model for players and encourage sportsmanship by showing respect and courtesy, and by demonstrating positive support for all players, managers, coaches, officials and spectators at every game, practice or other sporting event.
- I (and my guests) will not engage in any kind of unsportsmanlike conduct with any official, coach, player, or parent such as booing and taunting; inappropriate cheers; refusing to shake hands; or using profane language or gestures.
- I will not encourage any behaviors or practices that would endanger the health and well-being of the athletes.
- I will teach youth to play by the rules and to resolve conflicts without resorting to hostility or violence.
- I will demand that athletes treat other players, coaches, officials and spectators with respect regardless of race, creed, color, sex or ability.
- I will teach my child that doing ones' best is more important than winning, so that my child will never feel defeated by the outcome of a game or his/her performance.
- I will praise athletes for competing fairly and trying hard, and make my child feel like a winner every time.
- I will never ridicule or yell at my youth or other participants for making a mistake or losing a competition.
- I will emphasize skill development and practices and how they benefit athletes over winning. I will also de-emphasize games and competition in the lower age groups.
- I will not express any concerns with a parent/coach. I will voice all concerns to the President, Vice President, or Communications Coordinator!

- I will promote the emotional and physical well-being of the athletes ahead of any personal desire I may have for my players to win.
- I will respect the officials and their authority during games and will never question, discuss, or confront coaches at the game field, and will take time to speak with coaches at an agreed upon time and place.
- I will demand a sports environment for my child that is free from drugs, tobacco, and alcohol and I will refrain from their use at all events.
- I will refrain from coaching my child or other players during games and practices, unless I am one of the official coaches of the team.

Disciplinary Policy

— Rosenberg Panthers disciplinary policy establishes the range of discipline to be used for any/all violations of the League’s Code of Conduct Policy or Parent Coach Guidelines. This policy applies to both the general and player memberships, as well as to parents, guardians, volunteers, spectators and fans. *(Disciplinary classifications listed below)*

Strike 1 – in the event of a first violation, a penalty to be imposed based upon the infraction, ranging from, but not limited to:

- warning;
- fines;
- game(s) suspension (includes all other Panthers activities during the period, including practices/events);
- expulsion

Strike 2 – in the event of a second violation, a penalty to be imposed based upon the infraction, ranging from, but not limited to:

- fines;
- game(s) suspension (includes all other Panthers activities during the period, including practices/events);
- expulsion

Strike 3 – in the event of a third violation:

- fines;
- expulsion.

**fines, expulsions, and suspensions shall be decided on a case by case basis by a committee of The Panthers BOD*

****PLEASE NOTE THAT ALL FINES THAT ARE INCURRED BY A PARENT WILL BE PARENTS’ RESPONSIBILITY TO PAY. A FAILURE TO PAY ANY FINE WILL RESULT IN YOUR CHILD’S PARTICIPATION BEING EXPELLED****

Disciplinary Classifications

- Class 1** Severe offense against the organization bylaws, rules & regulations
- Class 2** Standard offense against the organization bylaws, rules & regulations
- Class 3** Mild offense against the organization bylaws, rules & regulations

Class 1 – Severe Offenses

Theft

Intoxication on field

Fighting

Physical abuse of a child

Verbal abuse to a child/Bullying

Grave disrespect to League Official

Fraud (utilizing The Panthers name for non-organization business)

Failure to Pay Personal Fines

Class 2 – Standard Offenses

Disrespect to members (all persons who make up the franchise)

Unfair treatment to a player(s)

Arguing in the presence of participants

Occurring a penalty during a game due to misconduct Solicitation

for Proprietary Gain

Class 3 – Offenses

Bad Language – NO PROFANITY

Displaying derogatory conduct

Lack of participation in organization functions

Neglecting volunteer / Board responsibilities/duties

Sanction Guidelines:

	Minimum	Maximum
Class 1: Severe	Membership terminated	
Class 2: Standard	Up to \$250.00 fine	one (1) week suspension
Class 3: Mild	written warning	\$100.00 fine

****Sanctions determined within a classification shall be decided on a case by case basis by a committee of The Panthers BOD. The committee shall consist of a minimum of three (3) Board Members and the President.***

ROSENBERG PANTHERS CHEER DEMERIT SYSTEM

1. **PRACTICES/EVENTS/GAMES:** All practices are mandatory. Cheerleading is a team commitment and cheerleaders are expected to be at every practice, event or game. Practice time is when motions, jumps, chants, cheers, dance routines and stunts are learned, and friendships are formed. Remember birthdays, going to the mall, movies and sleep-overs are NOT excused absences. Other sports conflicts will be dealt with on a case by case basis. Excused absences include illness, death in family, and church/school functions that are approved and requested if possible ahead of time. One family vacation per season is excused. Coaches need to be notified PRIOR to a missed practice or game to be excused.

UNEXCUSED ABSENCE FROM PRACTICE - 3 DEMERITS

UNEXCUSED ABSENCE FROM OTHER SQUAD EVENT - 3 DEMERITS

UNEXCUSED ABSENCE FROM GAME - 3 DEMERITS

ABSENCE FROM CHOREOGRAPHY CAMP- IMMEDIATE REMOVAL OF TEAM

ABSENCE FROM COMPETITION- IMMEDIATE REMOVAL OF TEAM

2. **TARDINESS:** Being early is being on time. Practice starts at the start time. Please be there early and ready to begin at the start time. For games, cheerleaders should be on the field, ready to stretch, and begin 30 minutes before the game starts. If a cheerleader misses the pre-game practice 30 minutes before the game, they won't be able to participate in the half time routine. This not only affects your child, but the entire squad. Please be courteous and have them there early.

1-5 MINUTES LATE - RUN 2 EXTRA LAPS

6-10 MINUTES LATE - 1 DEMERIT

MORE THAN 10 MINUTES LATE - 2 DEMERITS

3. **PARTICIPATION:** It is important that all cheerleaders fully participate in all aspects of the cheer squad. We expect all cheerleaders to practice hard and try their best. Laziness will not be tolerated. Our goal is to look as one and be the best that we can be. We also need cooperation from all to turn in all required information on time.

FAILURE TO PUT FORTH EFFORT DURING PRACTICE/GAME - 1 DEMERIT

LEAVING EARLY FROM PRACTICE/GAME - 2 DEMERIT

4. **DRESS CODE:** Appropriate attire is required from cheerleaders. Assigned Practice attire should be worn to every practice. Cheer shoes are REQUIRED. Full uniforms are MANDATORY at all games/COMPETITIONS. Hair must be pulled up in a pony tail at all practices. GAMEDAY/COMPETITION hairstyles will be chosen by coaches and they are MANDATORY. No jewelry of any type may be worn during practices or games. Newly pierced ears must be covered with band-aids or medical tape. NO make-up or NO nail polish. Cheerleaders will wear the same uniform

ROSENBERG PANTHER CHEER DEMERIT SYSTEM

pieces at each game to look the same. Failure to follow this policy can be grounds for removal of squad.

HAIR DOWN AT PRACTICE OR GAMES - 1 DEMERIT

NAIL POLISH - 1 DEMERIT

JEWELRY (after 1 warning) - 1 DEMERIT

INAPPROPRIATE ATTIRE TO PRACTICE - 2 DEMERIT

ROSENBERG PANTHER CHEER DEMERIT SYSTEM

5. CONDUCT/ATTITUDE: Cheerleaders are expected to exercise good sportsmanship at ALL times. Cheerleaders will be respectful to ALL coaches, cheerleading squad members and opposing football team and cheerleaders. Cheerleaders are expected to have appropriate behavior at all times. Negative attitudes will not be tolerated. No talking with friends, members of squad, or members of the crowd during practices or games. Eating, drinking (except water bottle), or gum chewing is NOT allowed at practices or games (unless otherwise specified). during practices or games. Eating, drinking (except water bottle), or gum chewing is NOT allowed at practices or games (unless otherwise specified).

NEGATIVE ATTITUDE - 1 DEMERIT

UNSAFE HORSEPLAY - 1 DEMERIT

CHEWING GUM - 1 DEMERIT

NOT PAYING ATTENTION DURING PRACTICE/GAME - 1 DEMERIT

USING CELL PHONE DURING PRACTICE/GAME - 2 DEMERITS

TALKING BACK/BEING DISRESPECTFUL TO COACH - 4 DEMERITS

BEING DISRESPECTFUL TO TEAM MEMBERS - 4 DEMERITS

PROFANITY - 4 DEMERITS

INAPPROPRIATE BEHAVIOR - 4 DEMERITS

Accumulation of demerits will result in the following:

3 DEMERITS – warning from cheer coach to parents and cheerleader

5 DEMERITS – Parent notification and sit out next game (must still attend game on sideline)

REPETITIVE WEEKLY DEMERITS – Parent meeting and removal from cheer squad

*If a cheerleader is suspended from participation during a game, they will have to sit with their coach fully dressed in uniform and be supportive of the team.

- Regardless of the number of demerits, if a cheerleader is not prepared for the performance, she will NOT cheer. This includes knowing chants, cheers, dances or having the proper uniform.

- At any time, the cheerleader may be removed from an activity for safety reasons or negative attitude.

- **Bullying is grounds for immediate dismissal from the squad.**

***Being a cheerleader is an honor and a privilege. With that honor, comes many responsibilities, this demerit system was created as a guide for the expectations of the Rosenberg panthers cheer squad. It is not intended as a tool to use against anyone but instead to protect those who wish to do all they can to keep cheerleading the honorable position it should be.

Parent Signature

X

Cheerleader Signature

X

**PARENT/PLAYER/VOLUNTEER
GUIDELINES & REQUIREMENT
INCLUDING CODE OF CONDUCT**

Name: _____
PRINTED

SIGNED

Child's Name: _____
(if applicable)

SPORT/LEVEL

DATE