



Introduction to Trauma Resolution Energy Therapy – TRET

Please join me, **Dianne Winchester, MA, LPC, LAC of Anandi Counseling**, for a *free* hour in-person lecture on Trauma Resolution Energy Therapy (TRET).

February 3, 2023, at 2:00 pm

5180 Horry Drive, Suite D, Murrells Inlet, SC 29576

Learning Objectives:

- Understand trauma and its impact on people and why trauma-resolution energy therapy works.
- Understand why talk therapy may not be resolving residual symptoms resulting from trauma.
- Understand energy psychology.
- Learn energy psychology techniques.
- Learn about TRET.
- Learn how TRET targets and heals trauma.
- Learn muscle testing and its' use in TRET.
- Learn about energy centers and energy meridians.
- Learn the TRET process.

1 CE credit is offered through the Southeast Institute for Group and Family Therapy in Chapel Hill, NC for a \$10.00 administration fee (ask me for details).

****Please note a prerequisite for participation is at least a Master's Degree in one of the helping professions****

Call or text (843) 603-3711 or email **dianne@anandicounseling.com** to reserve your spot.
Check out details of TRET I & II trainings on **www.anandicounseling.com**.

Look forward to seeing you there!