



## Recommended Therapists

- **Dr. Ryan Lee** - Ex-Jehovah's Witness therapist who specializes in helping ex-cult members. He offers a sliding scale based on income to accommodate those experiencing financial hardship. The first consultation is free. Appointments can be booked at [drryanlee.com](http://drryanlee.com).
- **Counselor Lisa Madelena** - Ex-Jehovah's Witness classically trained counselor with over 22 years experience in helping other Ex-Jehovah's Witness survivors. She offers a "taster session" at the reduced cost of \$50. Appointments can be booked at [exjwcounseling.com](http://exjwcounseling.com).
- **A Therapist's Guide on Jehovah's Witnesses** - This resource can be found at [jw.support/a-therapists-guide-on-jehovahs-witnesses/](http://jw.support/a-therapists-guide-on-jehovahs-witnesses/), and is designed to assist any professional therapist in understanding the background and particular challenges of their ex-JW clients. It is free and can be printed out or shared easily.
- **Psychology Today** - Visit [psychologytoday.com](http://psychologytoday.com) and select "find a therapist" at the top of the page to find local therapists and therapists offering telehealth services. Many of the therapists use a sliding scale based on income to determine rates.

