



Recommended Therapists

- **Dr. Ryan Lee** - Ex-Jehovah's Witness therapist who specializes in helping ex-cult members. He offers a sliding scale based on income to accommodate those experiencing financial hardship. The first consultation is free. Appointments can be booked at drryanlee.com.
- **Counselor Lisa Madelena** - Ex-Jehovah's Witness classically trained counselor with over 22 years experience in helping other Ex-Jehovah's Witness survivors. She offers a "taster session" at the reduced cost of \$50. Appointments can be booked at exjwcounseling.com.
- **Stephanie Truong - LMFT** - Raised in a Jehovah's Witness family, Stephanie specializes in helping people adjust after leaving high control groups and supporting those with religious trauma. She is also a member of Secular Therapist. For more info, please email: struong@ccgofga.com
- **Larissa Bateman - LMFT & PMH-C** - Ex-Jehovah's Witness therapist who specializes in religious trauma and narcissistic abuse. For more information, please visit: www.calmingconnection.com
- **Debbie Glander - LMFT** - Ex-Jehovah's Witness therapist committed to the growth and transformation of her clients. She specializes in working with clients coming out of high control groups, and helps them heal from spiritual abuse and religious trauma. For more information, please visit: <https://debbieglander.com/>
- **A Therapist's Guide on Jehovah's Witnesses** - This resource can be found at jw.support/a-therapists-guide-on-jehovahs-witnesses/, and is designed to assist any professional therapist in understanding the background and particular challenges of their ex-JW clients. It is free and can be printed out or shared easily.

