

Disney Parks Day Visit Checklist

Prepared for an efficient, enjoyable, and well-organized experience



1. Park Entry & Essentials

- Valid park admission (tickets, MagicBands, or digital pass)
- Park reservation confirmation (if required)
- Government-issued photo identification
- Credit/debit card or Disney gift cards
- Disney mobile app downloaded (for Genie+, mobile ordering, maps, wait times)

2. Personal Carry Items

- Compact backpack or crossbody day bag
- Travel-size sunscreen and SPF lip balm
- Hand sanitizer and sanitizing wipes
- Tissues or pocket napkins
- Refillable water bottle (refill stations available in-park)
- Lightweight rain poncho or compact umbrella
- Zip-lock bags for wet clothing, snacks, or electronics

3. Apparel & Comfort

- Comfortable, climate-appropriate clothing
- Lightweight outer layer (for early mornings or evenings)
- Comfortable, supportive walking shoes (broken in prior to visit)
- Sun protection: sunglasses and wide-brimmed hat or cap
- Optional change of clothing (especially for young children or water attractions)
- Cooling towel or compact portable fan (recommended during warmer months)

4. Food & Refreshments

- Light, non-perishable snacks (e.g., granola bars, crackers, fruit snacks)
- Baby or toddler feeding supplies (if applicable)
- Dining reservation confirmations or mobile ordering screenshots
- Wipes for quick cleanup before or after meals

5. Young Children & Infant Needs (if applicable)

- Compact, park-approved stroller
- Diapers, wipes, and portable changing pad
- Formula, bottles, bibs, and pacifiers
- Familiar toys or comfort items
- Child identification wristbands or cards with parent contact info
- Disney-themed apparel (optional, great for photos and themed experiences)

6. Technology & Accessories

- Fully charged mobile phone
- Portable phone charger or power bank
- Charging cable (USB or Lightning, as needed)
- Optional digital camera (smartphone typically sufficient)
- Autograph book and pen (if character interactions are scheduled)
- Access to digital or in-app park maps and schedules

Elisabeta Teodoru

www.joylaughandtravel.com

lisa@joylaughandtravel.com

847.410.9111